

July 12, 2011



## WarmLine Family Resource Center

Providing resources and support to families of children with special needs in Sacramento, Placer, Yolo, Nevada, El Dorado, and Alpine Counties since 1993.

### Upcoming Events

Check our website for more trainings and events

<http://warmlinefrc.org>

#### *Sibling Meetup*

Siblings of children with special needs face issues and concerns that are unique. We invite siblings, age 8-12 to join us for some fun with other siblings who have "been there"! This event will be facilitated by Andrew Perez, who is the brother Sam, a young man with special needs.

Refreshments will be served.

**Saturday, July 23, 2011**

**10:00 am to 1:00 pm**

**WarmLine Family Resource Center**

**2025 Hurley Way, Suite 100, Sacramento**



The Sibling Meetup is free, but pre-registration is required. Please call 916-922-9276 or email [Cid@warmlinefrc.org](mailto:Cid@warmlinefrc.org) to register.

To read an essay by Andrew about being the sibling of a child with special needs, please go to:

<http://www.warmlinefrc.org/documents/SiblingMeetupEssay.pdf>

#### **WarmLine Goes Digital**

For families and professionals who have known WarmLine for many years, you've seen lots of changes as we have entered the digital age.

Two years ago, WarmLine discontinued mailing the newsletter in order to conserve scarce resources. Since then, our distribution has doubled to almost 1500 families and professionals!



Because our email list has grown so much, this spring we subscribed to a new service which manages those 1500 email addresses more efficiently. With that, we've begun sending an email notice, approximately every two weeks to alert you to new WarmLine events, ongoing WarmLine trainings and support groups and, (space permitting) information about upcoming events from some of our community partners.

Our Networker Newsletter will retain its old format, which families tell us is very family-friendly. At the top of the biweekly email, we will include information and a link when a new newsletter is available.

We hope you find our emails helpful and we look forward to any comments you have to [Cid@warmlinefrc.org](mailto:Cid@warmlinefrc.org)

### **WARMLINE PLAYGROUPS/CHILD DEVELOPMENT OPPORTUNITIES**

Children's development and social/emotional skills are enhanced by physical play in a social setting. WarmLine Family Resource Center is offering play groups for children with special needs 0-3 year old (0-6 years old in Placer County).

All events are free, but pre-registration is required. Events are listed by county for your convenience.

Bus passes are available. Call for more information.

#### ***Yolo County***

##### **►"Rumble Tumble Tummy Time"**

Make tummy time fun for your baby through engaging songs and activities in a play-class setting. At the same time, valuable parenting strategies will be provided to help you make the most the most of this important stage of development. Available as a single class or series.

**Age range: 2-6 months**

**10:30-11:15 am**

**Call 530-759-1127 or [Diane@warmlinefrc.org](mailto:Diane@warmlinefrc.org) for June dates**

*Mother & Baby Source*

*714 2nd Street, Davis*

##### **►"Infant Massage" Classes**

Boost babies' development, increase well-being and enhance bonding. Call 530-759-1127 or

[Diane@warmlinefrc.org](mailto:Diane@warmlinefrc.org) for more information.

*Mother & Baby Source*

*714 2nd Street, Davis*



#### ***Placer County***

##### **►"Parent & Tot Water Play"**

Play is crucial to children's development. This event is for children with special needs (and their siblings) under 6 years old. (Due to Aquatic Center rules, this event is limited to children 6 years old and younger.)

**10:00 am-12:00 pm**

**July 21, 2011**

**August 4, 2011**

*Roseville Aquatic Center*

*3051 Woodcreek Oaks Blvd.*

*Roseville*



**Register:** 916-632-2100 or

email [Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

##### **►"Playground Pals"**

Friendships are key to children's social and emotional development. Join us for some new friendships and fun in an accessible park. Bring a blanket and a



*Ongoing WarmLine Trainings & Support Groups*

► **1st Tuesday of Month, 10:00 am - 1:00 pm**

"Transition to Preschool" - Learn to prepare for your three year old's first IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Sacramento Office

2025 Hurley Way, Suite 100, Sacramento

Register: 916-922-9276 or email [Cid@warmlinefrc.org](mailto:Cid@warmlinefrc.org)

► **3rd Tuesday of Month, 10:00 am - 1:00 pm**

"IEP Training" - Prepare for your child's IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Sacramento Office

2025 Hurley Way, Suite 100, Sacramento

Register: 916-922-9276 or email [Cid@warmlinefrc.org](mailto:Cid@warmlinefrc.org)

► **Last Tuesday of Month, 7:00 pm - 9:00 pm**

"Trailblazers Fathers Forum" - Support for fathers of children with special needs.

Round Table Pizza

8755 Sierra College Blvd., Roseville

Information: 916-632-2100 or email

[Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

► **1st Wednesday of Month, 10:00 am - 12:00 pm**

"Transition to Preschool" - Learn to prepare for your three year old's first IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Placer County Office

6960 Destiny Dr., Suite 106, Rocklin

Register: 916-632-2100 or email

[Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

► **2nd Wednesday of Month, 10:00 am - 12:00 pm**

*(Spanish)* "IEP Training" - Prepare for your child's IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Placer County Office

6960 Destiny Dr., Suite 106, Rocklin

Register: 916-922-1490 or email [Laura@warmlinefrc.org](mailto:Laura@warmlinefrc.org)

► **3rd Wednesday of Month, 10:00 am - 12:00 pm**

"IEP Training" - Prepare for your child's IEP in a positive,

snack. For children with special needs up to age 6 and their siblings.

**10:00 am-12:00 pm**

**Tuesday, July 12, 2011**

*Mahany Park*

*1545 Pleasant Grove Blvd., Roseville*

**Register:** 916-632-2100 or

email [Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

► **"Discovering Nature with Young Children"**

Children's development is enhanced by physical play and exploration. For children with special needs up to age 6 and their siblings.

**9:30 am - 11:30 pm**

**Saturday, July 23, 2011**

*Placer Nature Center*

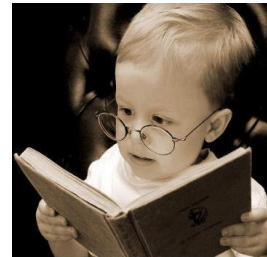
*3700 Christian Valley Road, Auburn*

**Register:** 916-632-2100 or

email [Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

► **"Story Time"**

Story time provides children with the opportunity to build social skills and develop a life-long love of reading. For children with special needs up to age 6 and their siblings.



**9:30 am - 11:00 am**

**July 25, 2011**

*Rocklin Library*

*4890 Granite Dr., Rocklin*

**Register:** 916-632-2100 or

email [Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

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**Funding provided by First 5 Placer,  
Alta California Regional Center & the California  
Department of  
Developmental Services.**

proactive way in a 1:1 or small group setting.

WarmLine Placer County Office

6960 Destiny Dr., Suite 106, Rocklin

Register: 916-632-2100 or email

[Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)

► **4th Wednesday of Month, 10:00 am - 12:00 pm**

"Spanish Support Group" - Spanish speaking parents of children with special needs.

WarmLine Placer County Office

6960 Destiny Dr., Suite 106, Rocklin

Register: 916-922-1490 or email [q](mailto:q)

► **1st Thursday of Month, 6:30 pm - 9:00 pm**

"Moms Night Out" - Support group for mothers of children with special needs.

Round Table Pizza

8755 Sierra College Blvd., Roseville

Information: 916-632-2100 or email

[Raymond@warmlinefrc.org](mailto:Raymond@warmlinefrc.org)



*"There is only one criterion for inclusion.*

*Breathing. Life itself."*

*Marsha Forest*

*Changed by A Child*



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*COMMUNITY PARTNERS*

► Baby Loves Art

**July 19 "Celebrations"**

**August 2 & 16 "Little Farmer's Market"**

Children will sing, move, groove, touch and play while building key cognitive and motor skills. For children from infancy to three years old and their caregivers. Advance registration is required. To register, email [education@crockerartmuseum.org](mailto:education@crockerartmuseum.org) or call 916-808-5499.

**Crocker Art Museum**

**216 O Street, Sacramento**

► Wee Wednesdays

**Every Wednesday at 11:00 am**

Bring your little one and yourself to this art-rich, gallery-based play date every Wednesday for children age three to five. This is a school-readiness family program and space is limited. Sign-up begins at 10:00 am at the museum admission desk.

**Crocker Art Museum**

**216 O Street, Sacramento**

► Family Resource Meeting

Families for Early Autism Treatment (FEAT)

**Wednesday, July 20, 2011**

**7:00 pm-9:00 pm**

MIND Institute Auditorium

2825 50th Street, Sacramento

Speaker:

Special Education Attorney, Roberta Savage

For more information, contact Ann Fagin at

[ann.fagin@feat.org](mailto:ann.fagin@feat.org)

Save the date! Family Resource meeting Wednesday, August 17 will be with Canine Companions for Independence on "Skilled Companion Dogs and ASD".

► Parent Wellness Event

Friday,

**August 19, 2011**

**7:00 pm - 9:30 pm**

**Fusion Yoga Studio**

**2310 Fair Oaks Blvd. #C2, Sacramento**

Come meet other families and professionals and learn about ways to keep you and your family healthy. Please join Fumiko Takatsu and Meghan O'Hara as they give you tips on staying healthy.

Space is limited. This event is for adults only and no childcare will be available. RSVP to Yuuko Feletto by 8/18/11 at 916-807-4748 or email [yfeletto@scoe.org](mailto:yfeletto@scoe.org).

Next Parent Wellness Event is  
December 9, 2011.

Sacramento Tel: (916) 922-9276

Toll Free: (800) 660-7995

Spanish: (916) 922-1490

Fax: (916) 922-9341

Email: [Cid@warlinefrc.org](mailto:Cid@warlinefrc.org)

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