Prevention Program
Resources for Children with Special Needs

WarmLine Family Resource Center

Serving Families and Professionals involved with Children with Special Needs Since 1993 in Sacramento, Placer, Yolo, El Dorado, Nevada & Alpine Counties

Sacramento: 916-922-9276 / 800-660-7995
Placer County: 916-632-2100
Yolo County: 530-759-1127
Spanish: 916-922-1490
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Prevention Program Resources for Children with Special Needs

This resource guide was developed for families who have children birth to three years old who are in the “Prevention Program” and who are at risk for a developmental disability (or who may have a current developmental disability). The Prevention Program is administered by Alta California Regional Center. The guide has been made possible by collaboration between WarmLine Family Resource Center (FRC) and Alta.

“Resources for Children with Special Needs” was created to assist parents of children in the Prevention Program with finding providers of services and programs which may be of help. The resources contained here include programs and services in the community where typical children gather and those that are specifically for children with special needs.

“Resources for Children with Special Needs” is organized into three sections. The first section is organized according to the type of services provided, such as “Occupational Therapy.” The agencies that provide occupational therapy can be found in that section. In part two, the “Provider Information Section,” you will find many of the providers listed alphabetically. Those entries include a listing of the services offered by each provider, the ages served, and some information about fees, billing, and the types of insurance accepted. Part three contains listings of publicly funded health care providers such as MediCal, private health insurance companies and pediatric sub-specialists in the Sacramento area by their hospital affiliation. There is also a list of dentists whose names have been recommended by parents and professionals.

Every effort has been made to provide accurate information in this booklet. However, because services are subject to change, you should always contact the provider for the most up-to-date information. Please feel free to call us at WarmLine Family Resource Center if you have questions.

Alta Regional Center is not responsible for providing payment for any of these services if your child is in the Prevention Program.

WarmLine Family Resource Center does not endorse or recommend any providers. This resource is provided for the convenience of parents and professionals.

WarmLine Family Resource Center
Sacramento: 916-922-9276 / 800-660-7995
Placer County: 916-632-2100
Yolo County: 530-759-7727
Spanish: 916-922-1490
About the Prevention Program

The Prevention Program was created when changes were made to the Early Start Program by the California State Legislature in 2009. While the Prevention Program is not part of California’s Early Start Program, there is “one point of entry” to Early Start and the Prevention Program for all children who may be at risk for developmental delay or who have an identified developmental delay or disability. In the Sacramento area, Alta California Regional Center is that “one point of entry.”

Who is eligible for the Prevention Program?

1. Infants and toddlers who are at risk for developmental delay or disability with two or more risk factors; or
2. Toddlers age 24 to 36 months of age at the time of initial referral who have a delay of less than 50% in one developmental area; or
3. Children with a parent who has a developmental disability.

What Services does the Prevention Program provide for eligible infants, toddlers, and their families?

Services include:
- Intake and Assessment
- Developmental monitoring and guidance
- Case management
- Referral to generic agencies and resources
- Exit planning

For more information on eligibility and services provided by the Prevention Program, please contact:
Alta Regional Center at 916-978-6400;
www.altaregional.org

Or
California Department of Developmental Services (DDS) at:
800-515-BABY (2229);
www.dds.ca.gov/EarlyStart.
What Is WarmLine Family Resource Center?

• “My two year old needs a daycare program. No one I’ve talked with will even consider her because she has special needs. Can you help?”

• “My teen with special needs is leaving high school and I don’t know where he’ll live or what kind of work he’ll be able to get. Do you know who I can call?”

• “My daughter is pregnant with our first grandchild and just found out that the baby will be born with Down syndrome. Can you give us some information and tell us where to find support?”

• “I have a client whose two year old has recently been diagnosed with a developmental delay. Do you know a parent who has a child with a similar diagnosis who can provide support?”

• “I’m working with the family of a child who is receiving special education services and they have questions about their rights. Can you help them?”

WarmLine is an information and support center for parents and professionals involved with children birth to age 22 with special health care or developmental needs. We receive calls from both parents and professionals regarding a vast array of issues, needs, and services such as health care, child care and special education.

WarmLine Family Resource Center can make a difference in the lives of families we serve. Family time can be hampered by the stress and demands of locating supportive services. We link callers with resources, often saving them hours of research and frustration. Our services include:

§ Information and Referral — Linking families with services.
§ Family Support — Providing one-to-one parent support and support group referrals.
§ Outreach — Increasing public awareness of disabilities and available services.
§ Advocacy — Strengthening parents’ knowledge and decision-making abilities.
§ Workshops and Seminars — Training parents and professionals.
§ Resources — Books, tapes and articles on disability, as well as WarmLine publications.
§ Information Packets — Customized information on disability related subjects.
§ Community Resource Parents — Local staff in each of the six counties we serve.

Information is empowering. People going into a situation well prepared have a better chance of coming out knowing that they have given it their best. WarmLine seeks to inform and support parents and professionals in any way we can.

Sacramento: 916-922-9276 / 800-660-7995
Placer County: 916-632-2100
Yolo County: 530-759-1127
Spanish: 916-922-1490
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**Applied Behavior Analysis (ABA)**
Identifies behaviors to be extinguished, behaviors to be taught and reinforced, reinforcers, and reinforcement schedules.

**Applied Behavior Consultants, Inc. (ABC)**
4540 Harlin Dr.
Sacramento, CA 95826
916-364-7800
www.appliedbehaviorconsultants.com

**Behavioral Education for Children with Autism (BECA)**
2555 3rd Street, Suite 210
Sacramento, CA 95818
916-443-2479
www.beca-aba.com

**Behavioral Education Services and Training (BEST) Consulting, Inc.**
930 Alhambra Blvd., Suite 292
Sacramento, CA 95816
www.BESTConsultingInc.com

**Bridges Behavioral Language Systems, Inc.**
6060 Sunrise Vista Dr., Suite 2340
Citrus Heights, CA 95610
916-725-1270 Fax: 916-725-1205
www.bridgesbls.com

**Capitol Autism Services**
2041 Hallmark Dr., Suite 9
Sacramento, CA 95825
916-923-1789
www.capitolautismservices.com

**Center for Autism and Related Disorders, Inc. (CARD)**
3050 Beacon Blvd., Suite 101
West Sacramento, CA 95691
916-374-0800
www.centerforautism.com

**Learning ARTS**
6400 Tupelo Dr.,
Citrus Heights, CA 95621
916-729-3098
www.learningarts.com

12059 Nevada City Hwy. Suite 101
Grass Valley, CA 95959
530-272-1594

**Learning Solutions Kids**
3031 C Street
Sacramento, CA 95816
916-442-2396 Fax: 916-442-2525
www.learningsolutionskids.com

**Lovaas Institute**
2701 Cottage Way, Suite 12
Sacramento, CA 95825
916-979-9398
www.Lovaas.com

**Therapeutic Pathways, Sacramento**
2775 Cottage Way, Suite 7
Sacramento, CA 95825
916-489-1376

**Assistive Technology**
Use of “low tech” or “high tech” items, equipment or system to help the function of individuals with disabilities.

**American River Speech**
11344 Coloma Road
Gold River, CA 95670
916-631-0428
www.americanriverspeech.com
(Augmentive & Alternative Communication assessment)

**Baby Steps Therapy**
6960 Destiny Dr., Suite 117
Rocklin, CA 95677
916-415-0119
www.steptherapyinc.com

**Bright Start Therapies**
2222 Watt Ave., Suite C-5
Sacramento, CA 95825
916-483-8282

198 Cirby Way, Suite 140
Roseville, CA 95747
916-483-8282
www.brightstarttherapies.com

**Communication Technology Communication Center (CTEC)**
2025 Hurley Way, Suite 105
Sacramento, CA 95825
916-921-5639
www.supportedlife.org/ctec
Cook Speech and Language
2143 Hurley Way, Suite 103
Sacramento, CA  95825
916-567-9700
www.cookspeechandlanguage.com

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA  95864
916-485-6711
www.myeasterseals.org

Maryjane Rees Language, Speech & Hearing Center
California State University, Sacramento
6000 J Street
Sacramento, CA  95819
916-278-6601

Placer Speech and Hearing
11775 Education Street  #112
Auburn, CA  95602
530-823-7532

Sutter Children’s Center –
Pediatric Rehabilitation Services
52nd & F Streets
Sacramento, CA  95819
916-733-1040
1 Medical Plaza Dr.
Roseville, CA  95661
916-782-1421

Audiology
Identification, assessment and monitoring of children with possible hearing loss.

Bridges Behavioral Language Systems, Inc.
6060 Sunrise Vista Dr.  Suite 2340
Citrus Heights, CA  95610
916-725-1270  Fax: 916-725-1205
www.bridgesbls.com

Children's Therapy Center
96 W. Main St.  #B
Woodland, CA  95695
530-668-1010
www.cthelpskids.org

Crisara Creative Therapy, LLC
7000 Franklin Blvd., Suite 350
Sacramento, CA  95823
877-228-5527
www.crisara.us

Fair Oaks Therapeuticum
4112 Pennsylvania Av.
Fair Oaks, CA  95628
916-962-0222
www.therapeuticum.org

H.O.P.E. Consulting
7949 California Ave., #15
Fair Oaks, CA  95628
916-863-7949
www.hopeconsulting.net

Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com

Learning Solutions Kids
3031 C Street
Sacramento, CA  95816
916-442-2396  Fax: 916-442-2525
www.learningsolutionskids.com

Socially Speaking
907 3rd Street
Davis, CA  95616
530-231-5475
www.sociallyspeakingdavis.com

Behavior Services
Help and support for individuals who may have inappropriate behavior to replace it with behavior that is more appropriate.

Applied Behavior Consultants, Inc.  (ABC)
4540 Harlin Dr.
Sacramento, CA  95826
916-364-7800
www.appliedbehaviorconsultants.com

Behavioral Education for Children with Autism
(BECA)
2555 3rd Street, Suite 210
Sacramento, CA  95818
916-443-2479
www.beca-aba.com
Total Education Solutions  
1329 Howe Ave., Suite 101  
Sacramento, CA  95825  
916-564-5010  
www.tesidea.com

**Child Care (See also, “Respite”)**  
Local child care resource & referral (R&R) agencies have lists of licensed day care homes and center providers. The R&R are listed with **

Note: Counties are listed in order of population.

**Sacramento County**

**Child Action, Inc.**  
916-36 9-0191  
Ask for an “enhanced referral” and Child Action will specifically look for a provider who has indicated an interest in caring for children with special needs.

Family Child Care Providers  
916-362-4453

My Friends Pediatric Care Center  
(special health care needs)  
916-987-8632

Sacramento Crisis Nursery  
916-679-3600

**California Kids (drop in/hourly care)**  
916-786-5437

**Child Care Services Resource & Referral**  
530-745-1382

Crisis Nursery  
916-679-3600

**Placer County**

California Kids (drop in/hourly care)  
916-786-5437

**Child Care Services Resource & Referral**  
530-745-1382

Crisis Nursery  
916-679-3600

**Sacramento County**

**Sacramento County**

**Child Action, Inc.**  
916-36 9-0191  
Ask for an “enhanced referral” and Child Action will specifically look for a provider who has indicated an interest in caring for children with special needs.

Family Child Care Providers  
916-362-4453

My Friends Pediatric Care Center  
(special health care needs)  
916-987-8632

Sacramento Crisis Nursery  
916-679-3600

**California Kids (drop in/hourly care)**  
916-786-5437

**Child Care Services Resource & Referral**  
530-745-1382

Crisis Nursery  
916-679-3600

**Placer County**

California Kids (drop in/hourly care)  
916-786-5437

**Child Care Services Resource & Referral**  
530-745-1382

Crisis Nursery  
916-679-3600

**Placer County Office of Ed. Child Care Svcs.**  
530-745-1380

**Yolo County**

**Child Care Services**  
530-757-5695 / 800-723-3001

Crisis Nursery  
530-758-6680

**Nevada County**

**Sierra Nevada Children’s Svcs. (Grass Vly)**  
530-272-8866

**Sierra Nevada Children’s Svcs. (Truckee)**  
530-587-5960

**El Dorado County**

**Choices for Children (South Lake Tahoe)**  
530-541-5848

**Choices for Children (Western Slope)**  
530-676-0707

**Alpine County**

**Choices for Children**  
530-694-2129

**Counseling**

Crisara Creative Therapy, LLC  
7000 Franklin Blvd., Suite 350  
Sacramento, CA  95823  
877-228-5527  
www.crisara.us

Fair Oaks Therapeuticum  
4112 Pennsylvania Av.  
Fair Oaks, CA  95628  
916-962-0222  
www.therapeuticum.org

H.O.P.E. Consulting  
7949 California Ave., #15  
Fair Oaks, CA  95628  
916-863-7949  
www.hopeconsulting.net

www.care.com  
Subscription service ($30/ mo., $60/3 mo, $120/12 mo) to locate providers within a given zip code. Even broken down by diagnosis. Can post “help wanted” for free.
Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA  95825
916-564-5010
www.tesidea.com

Susan Trunnell, MFT
5740 Windmill Way, Suite 11
Carmichael, CA  95608
916-485-2497

Helen Worster, MFT
2710 X Street, Suite 2A
Sacramento, CA  95818
916-446-6109

**Family Training / Support**

Services that may teach families to work more effectively with their child with special needs.

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA  95677
916-415-0119
www.stepstherapyinc.com

Bridges Behavioral Language Systems, Inc.
6060 Sunrise Vista Dr.  Suite 2340
Citrus Heights, CA  95610
916-725-1270  Fax: 916-725-1205
www.bridgesbls.com

Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA  95825
916-483-8282

198 Cirby Way, Suite 140
Roseville, Ca  95747
916-483-8282
www.brightstarttherapies.com

Children’s Therapy Center
96 W. Main St., Ste B
Woodland, CA  95695
530-668-1010  Fax: 530-668-9799
www.ctchelpskids.org

Cook Speech and Language
2143 Hurley Way, Suite 103
Sacramento, CA  95825
916-567-9700
www.cookspeechandlanguage.com

Early Years
Davis, CA
530-758-9366
www.earlyyears.com

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA  95864
916-485-6711
www.myeasterseals.org

Elk Grove Speech-Language Solutions
9008 Elk Grove Blvd, Suite 20
Elk Grove, CA  95624
916-714-5610

Fair Oaks Therapeuticum
4112 Pennsylvania Av.
Fair Oaks, CA  95628
916-962-0222
www.therapeuticum.org

H.O.P.E. Consulting
7949 California Ave., #15
Fair Oaks, CA  95628
916-863-7949
www.hopeconsulting.net

Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com
Learning Solutions Kids
3031 C Street
Sacramento, CA  95816
916-442-2396
Fax: 916-442-2525
www.learningsolutionskids.com

Montessori Autism Programs & Services (MAPS)
216 Natoma St.
Folsom, CA  95630
916-357-5737

Socially Speaking
907 3rd Street
Davis, CA  95616
530-231-5475
www.sociallyspeakingdavis.com

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA  95825
916-564-5010
www.tesidea.com

Feeding Therapy

Services which may help children who have feeding difficulties.

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA  95677
916-415-0119
www.stepstherapyinc.com

Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA  95825
916-483-8282
198 Cirby Way, Suite 140
Roseville, Ca  95747
916-483-8282
www.brightstarttherapies.com

Center for Speech Pathology
750 F St., Suite 2
Davis, CA  95616
530-758-8944
www.centerforspeechpathology@sbcglobal.net

Children’s Therapy Center
96 W. Main St. #B
Woodland, CA  95695
530-668-1010
www.ctshelpskids.org

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA  95864
916-485-6711
www.myeasterseals.org

Jabbergem
151 N. Sunrise Ave. #1105
Roseville, CA  95661
916-771-8255
2115 J. Street, #210
Sacramento, CA  95816
916-771-8255
www.jabbergem.com

Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA  95610
916-536-1100
www.sltainc.com

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA  95825
916-564-5010
**Head Start/Early Head Start**
Provide early childhood education opportunities

Note: Counties are listed by population.

**Sacramento County**

**Head Start/Early Head Start**
916-263-3804

**Placer County**

**KidsKount (Head Start)**
530-885-5437

**Yolo County**

**Head Start**
530-668-5177

**Nevada County**

**County Office of Education**
530-478-6400

**El Dorado County**

**Head Start/Early Head Start**
530-295-2270

**Alpine County**

**County Office of Education**
530-694-2230

**Home Visits**

Services may be provided in the family’s home.

**Bright Start Therapies**
2222 Watt Ave. Suite C-5
Sacramento, CA  95825
916-483-8282

198 Cirby Way, Suite 140
Roseville, Ca  95747
916-483-8282
www.brightstarttherapies.com

**Children’s Therapy Center**
96 W. Main St. #B
Woodland, CA  95695
530-668-1010
www.cthelpskids.org

**Cook Speech and Language**
2143 Hurley Way, Suite 103
Sacramento, CA  95825
916-567-9700
www.cookspeechandlanguage.com

**Easter Seals Superior California**
3205 Hurley Way
Sacramento, CA  95864
916-485-6711
www.myeasterseals.org

**Fair Oaks Therapeuticum**
4112 Pennsylvania Av.
Fair Oaks, CA  95628
916-962-0222
www.therapeuticum.org

**Jabbergym**
151 N. Sunrise Ave. #1105
Roseville, CA  95661
916-771-8255

2115 J. Street, #210
Sacramento, CA  95816
916-771-8255
www.jabbergym.com

**Learning ARTS**
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098

12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com

**Montessori Autism Programs & Services (MAPS)**
216 Natoma St.
Folsom, CA  95630
916-357-5737
www.mapsautism.com

**Proplay Pediatric Physical Therapy**
P.O. Box 4661
El Dorado Hills, CA  95762
916-837-0561
www.proplaypediatrics.com
Music Therapy
Helps clients improve their level of functioning and quality of life by using music experiences

Anne E. Howard, MT-BC
5328 L Street
Sacramento, CA 95819
916-475-5216
www.annemuscitherapy.com

McConnell Music Therapy Services
P.O. Box 9026
Auburn, CA 95604
916-996-1589 Fax: 530-823-8649
www.mcconnellmusictherapyservices.com

Music to Grow On
8801 Folsom Blvd., Suite 105
Sacramento, CA 95826
916-383-6100
www.muscitogrowon.net

Socially Speaking
907 3rd Street
Davis, CA 95616
530-231-5475
www.sociallyspeakingdavis.com

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA 95610
916-536-1100
www.sltainc.com

Nutrition Services

Note: Counties are listed by population

Sacramento County
Breastfeeding Hotline
916-326-5841

Le Leche League
916-442-5920

Women, Infants and Children (WIC)
916-427-5500
916-326-5830

Placer
Breastfeeding Coalition
916-780-6454

Women, Infants and Children (WIC)
530-889-7187
Roseville………..800-829-7199 x7187

Yolo
Breastfeeding Warmline
800-663-8685

Women, Infants and Children (WIC)
Davis………..530-666-8445
West Sacramento………..916-375-6390
Woodland………..530-666-8445

Woodland Food Closet
530-662-7020

Nevada
Women, Infants and Children (WIC)
(530) 265-1454
Truckee………..530-582-7814

La Leche League
530-477-5442

El Dorado County
Breastfeeding Coalition
Georgetown…………..530-333-1917 x 241
Placerville…………..530-621-6125
South Lake Tahoe……..530-573-3177

Women, Infants and Children (WIC)
Placerville………………..530-621-6176
Placerville (Spanish Contact)…530-621-6171
South Lake Tahoe…………..530-573-3491

Alpine County
Women, Infants and Children (WIC)
530-573-3491
**Occupational Therapy**
Assists with fine motor activities and everyday tasks like eating, dressing and hand use.

**Baby Steps Therapy**
6960 Destiny Dr., Suite 117
Rocklin, CA 95677
916-415-0119
www.stepstherapyinc.com

**Barton Memorial Hospital**
2170 So. Ave.
South Lake Tahoe, CA 95650
530-543-5896
155 Hwy 50
Stateline, NV 89449
775-589-8953
www.bartonhealth.org

**Bright Start Therapies**
2222 Watt Ave. Suite C-5
Sacramento, CA 95825
916-483-8282
198 Cirby Way, Suite 140
Roseville, CA 95747
916-483-8282
www.brightstarttherapies.com

**Burger Rehabilitation**
12 locations locally. For a complete list, see page 22.
1301 E. Bidwell St., Suite 101
Folsom, CA 95630
916-983-5900

**Children’s Therapy Center**
96 W. Main St., Ste B
Woodland, CA 95695
530-668-1010 Fax: 530-668-9799
www.ctchelpskids.org

**Easter Seals Superior California**
3205 Hurley Way
Sacramento, CA 95864
916-485-6711
www.myeasterseals.org

**ISIS Healthcare Services**
3601 Marconi Ave.
Sacramento, CA 95821
916-481-1300
www.isishealthcare.net

**Jabbergym**
151 N. Sunrise Ave. #1105
Roseville, CA 95661
916-771-8255
2115 J. Street, #210
Sacramento, CA 95816
916-771-8255
www.jabbergym.com

**Mercy Outpatient Rehabilitation Center**
406 Sunrise Ave.
Roseville, CA 95661
916-536-2425

**Speech and Language Therapy Associates, Inc**
8089 Madison Ave., Suite 7
Citrus Heights, CA 95610
916-536-1100
www.sltainc.com

**Socially Speaking**
907 3rd Street
Davis, CA 95616
530-231-5475
www.sociallyspeakingdavis.com

**Sutter Children’s Center – Pediatric Rehabilitation Services**
52nd & F Streets
Sacramento, CA 95819
916-733-1040
1 Medical Plaza Dr.
Roseville, CA 95661
916-782-1421

**Total Education Solutions**
1329 Howe Ave., Suite 101
Sacramento, CA 95825
916-564-5010
www.tesidea.com

**Vista Child Therapy Center**
7579 Old Auburn Rd.
Citrus Heights, CA 95610
916-726-0155 Fax: 916-726-6724
Parenting Classes
These programs and agencies are not listed in Provider Information

Note: Counties are listed by population

Sacramento County

Birth and Beyond
Free parenting classes offered at Family Resource Centers. Some parenting classes are court approved.

Folsom Cordova Family Resource Center
10455 Investment Circle
Rancho Cordova, CA 95670
916-244-8684
Zip Codes Served: 95630, 95655, 95670, 95742, 95826, 95827, 95830

La Familia Counseling Center
5523 34th St.
Sacramento, CA 95820
916-452-3601
Zip Codes Served: 95632, 95655, 95814, 95817, 95820, 95822, 95824, 95827

River Oak Family Resource Center
4322 4th Ave.
Sacramento, CA 95817
916-244-5800
Zip Codes Served: 95811, 95814, 95816, 95817, 95818, 95819, 95820

North Sacramento Family Resource Center
1217 Del Paso Blvd.
Sacramento, CA 95815
916-679-3743
Zip Codes Served: 95815, 95821, 95825, 95833, 95834

Valley Hi Family Resource Center
4000 Franklin Blvd. Suite 820
Sacramento, CA 95823
916-290-8281
Zip Codes Served: 95758, 95823, 95828, 95829

Meadowview Family Resource Center
2251 Florin Road, Suite 158
Sacramento, CA 95820
916-394-6300
Zip Codes Served: 95818, 95822, 95831, 95832, 95758, 95690

The Effort of North Highlands FRC
6015 Watt Ave., Suite 2
North Highlands, CA 95660
916-679-3925
Zip Codes Served: 95611, 95610, 95621, 95660, 95673, 95652, 95841, 95842, 95843

The Firehouse Family Resource Center
811 Grand Ave., Suite A-3
Sacramento, CA 95838
916-927-7694
Zip Codes Served: 95815, 95821, 95825, 95834, 95838

Sacramento County Dept. of Health & Human Services
Sacramento County DHHS/CPS parenting classes, parent programs are free and court certified.
Contact: 916-785-6140 or 916-875-9872

San Juan Unified School District
Parent/Adult Education
Co-parenting class
916-971-7392

Placer County

Family and Community Education Services
1001 Riverside Ave.
Roseville, CA 95661
916-726-4924
www.respectnet.com

Golden Sierra Life Skills
3240 Professional Dr.
Auburn, CA 95640
530-887-9245
www.goldenlifeskills.com

Kids First
7311 Galilee Road, Suite 105
Roseville, CA 95678
916-772-2272

119900 Heritage Oak Place
Auburn, CA 95603
530-887-3536
www.kidsfirstnow.org

Placer Superior Court - STEP
High conflict co-parenting class
Roseville
916-408-6125
Yolo County

Yolo Family Resource Center
828 Court St.
Woodland, CA  95695
530-406-7221
www.yolofrc.org

Nevada County

Sierra Nevada Children’s Services
256 Buena Vista St., Suite 110
Grass Valley, CA  95645
530-272-8866
www.grassvalley@snics.org

Sierra Nevada Children’s Services
10075 Levon Avenue, Suite 201A
Truckee, CA 96161
530-587-5960
www.truckee@snics.org

El Dorado County

Choices for Children—South Lake Tahoe
1029 Takela Dr. #1
South Lake Tahoe, CA  96150
530-541-5848

Choices for Children—Cameron Park
3161 Cameron Park Dr. #101
Cameron Park, CA  95682
530-676-0707
www.choices4children-eldorado.org/default.aspx

Alpine County

Choices for Children
100 Foothills Rd., Suite D-6
Markleeville, CA  96120
530-694-2129
www.choices4children-alpine.org/default.aspx

Physical Therapy
Assists with gross motor activities such as rolling, sitting and walking.

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA  95677
916-415-0119
www.stepstherapyinc.com

Barton Memorial Hospital
2170 So. Ave.
South Lake Tahoe, CA  95650
530-543-5896

155 Hwy 50
Stateline, NV  89449
775-589-8953
www.bartonhealth.org

Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA  95825
916-483-8282

198 Cirby Way, Suite 140
Roseville, Ca  95747
916-483-8282
www.brightstarttherapies.com

Burger Rehabilitation
12 locations locally. For a complete list, see page 22.

1301 E. Bidwell St., Suite 101
Folsom, CA  95630
916-983-5900

Children’s Therapy Center
96 W. Main St., Ste B
Woodland, CA  95695
530-668-1010 Fax: 530-668-9799
www.ctchelpskids.org

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA  95864
916-485-6711
www.myeasterseals.org

ISIS Healthcare Services
3601 Marconi Ave.
Sacramento, CA  95821
916-481-1300
www.isishalthcare.net

Jabbergym
151 N. Sunrise Ave. #1105
Roseville, CA  95661
916-771-8255

2115 J. Street, #210
Sacramento, CA  95816
916-771-8255
www.jabbergym.com
Laguna Physical Therapy and Hand Rehabilitation
9231 Office Park Circle, Suite 110
Elk Grove, CA 95758
916-691-9822
www.laguna-pt.com

Mercy Outpatient Rehab. Ctr.
406 Sunrise Ave.
Roseville, CA 95661
916-536-2425

Proplay Pediatric Physical Therapy
P.O. Box 4661
El Dorado Hills, CA 95762
916-837-0561
www.proplaypediatrics.com

Sierra Pediatric Therapy Clinic
8485 Barton Road
Granite Bay, CA 95746
916-791-2747
www.sierrapediatrics.com

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA 95610
916-536-1100
www.sltainc.com

Sutter Children’s Center – Pediatric Rehabilitation Services
52nd & F Streets
Sacramento, CA 95819
916-733-1040

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA 95825
916-564-5010
www.tesidea.com

Vista Child Therapy Center
7579 Old Auburn Rd.
Citrus Heights, CA 95610
916-726-0155
Fax: 916-726-67

Play Groups/Early Literacy
These programs and agencies are not listed in Provider Information

Note: Counties are listed by population

Sacramento County

Birth and Beyond.

Folsom Cordova Family Resource Center
10455 Investment Circle
Rancho Cordova, CA 95670
916-244-8684
Zip Codes Served: 95630, 95655, 95670, 95742, 95826, 95827, 95830

La Familia Counseling Center
5523 34th St.
Sacramento, CA 95820
916-452-3601
Zip Codes Served: 95632, 95655, 95814, 95817, 95820, 95822, 95824, 95827

River Oak Family Resource Center
4322 4th Ave.
Sacramento, CA 95817
916-244-5800
Zip Codes Served: 95811, 95814, 95816, 95817, 95818, 95819, 95820

North Sacramento Family Resource Center
1217 Del Paso Blvd.
Sacramento, CA 95815
916-679-3743
Zip Codes Served: 95815, 95821, 95825, 95833, 95834

Valley Hi Family Resource Center
4000 Franklin Blvd. Suite 820
Sacramento, CA 95823
916-290-8281
Zip Codes Served: 95758, 95823, 95828, 95829

Meadowview Family Resource Center
2251 Florin Road, Suite 158
Sacramento, CA 95820
916-394-6300
Zip Codes Served: 95818, 95822, 95831, 95832, 95758, 95690
The Effort of North Highlands FRC
6015 Watt Ave., Suite 2
North Highlands, CA 95660
916-679-3925
Zip Codes Served: 95611, 95610, 95621, 95660, 95673, 95652, 95841, 95842, 95843

The Firehouse Family Resource Center
811 Grand Ave., Suite A-3
Sacramento, CA 95838
916-927-7694
Zip Codes Served: 95815, 95821, 95825, 95834, 95838

City of Sacramento Parks and Recreation Dept.
916-808-5200
(Accessible playground at Southside park.)

Cordova Recreation and Park Dept.
916-362-1841
www.crpd.com
“Rec 4 All” inclusion program
916-366-3133 ext. 13

Cosumnes Community Service District (Elk Grove)
916-405-5600

Folsom Parks and Recreation Department
916-355-7285

Southgate Park District
916-428-1171
www.southgaterecandpark.net

Sunrise Recreation and Park District
916-725-1585
www.sunriseparks.com

Placer County

Auburn Public Library
530-886-4550

Auburn Recreation District
530-885-8461
www.auburnrec.com

Bayside Moms & More
Granite Bay
916-791-1244 x 193

Friday Night KidsKlub
Granite Bay, Roseville
916-276-4584
fridaynitekidzklub@baysideonline.com

Me Gusta Baby Playgroups
Auburn
530-888-7566
info@megustababy.com

Moms Club
Rocklin:
www.northrocklinmoms.com/
Roseville:
www.momsclubofrosevillewest.googlepages.com/

National Down Syndrome Coalition
916-532-4773
Info@NDSCoalition.org

Rocklin Parks and Recreation
916-625-5200

Roseville Park and Recreation Dept.
916-774-5505
parksandrec@roseville.ca.us
(Accessible playground at Mahany and Maidu Parks.)

Roseville Public Library
916-774-5221

Stroller Friends/Stroller Fit
Elk Grove, Roseville, Lodi
916-690-7624
www.strollerfit.com

Yolo County

Davis Parks and Recreation Dept.
530-757-5626

Moms Club of Woodland
woodlandmomsclub@yahoo.com

West Sacramento Recreation and Parks Dept.
916-617-4620

Woodland (City of) Parks and Recreation Dept.
530-661-5880
Yolo Family Resource Center
828 Court St.
Woodland, CA 95695
530-406-7221
www.yolofrc.org

Yolo County Public Library
Davis: 530-757-5593
West Sacramento: 916-375-6465
Woodland: 530-661-5981

Nevada County

Nevada County Public Library
Grass Valley: 530-477-5790
Truckee: 530-582-7846
(Has story time in Spanish)

Nevada County Park and Recreation Dept.
530-265-2496 ext. 129

Sierra Nevada Children’s Services
256 Buena Vista St., Suite 110
Grass Valley, CA 95645
530-272-8866
www.grassvalley@sncs.org

Sierra Nevada Children’s Services
10075 Levon Avenue, Suite 201A
Truckee, CA 96161
530-587-5960
www.truckee@sncs.org

El Dorado County

Cameron Park Community Service District
530-677-2231
www.cameronpark.org/recreation

Choices for Children—South Lake Tahoe
1029 Takela Dr. #1
South Lake Tahoe, CA 96150
530-541-5848

Choices for Children—Cameron Park
3161 Cameron Park Dr. #101
Cameron Park, CA 95682
530-676-0707
www.choices4children-eldorado.org/default.aspx

City of Placerville Park and Recreation Dept.
530-642-5232
www.cityofplacerville.org/depts/parks/defaults

El Dorado County Public Library
Main branch: 530-621-5540
South Lake Tahoe: 530-573-3185
www.eldoradolibrary.org

El Dorado Hills Community Service District
916-933-6624
www.edhcsd.org

National Down Syndrome Coalition
916-532-4773
Info@NDSCoalition.org

Sierra Moms
Folsom, El Dorado Hills
916-978-5995

Stroller Strides
Folsom, El Dorado Hills
916-812-9359

Alpine County

Alpine County Public Library
530-694-2120
library@alpinecountyca.gov

Choices for Children
100 Foothills Rd., Suite D-6
Markleeville, CA 96120
530-694-2129
www.choices4children-alpine.org/default.aspx

Psychological Services

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA 95677
916-415-0119
www.steptherapyinc.com

Fair Oaks Therapeuticum
4112 Pennsylvania Av.
Fair Oaks, CA 95628
916-962-0222
www.therapeuticum.org
Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA  95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA  95959
530-272-1594
www.learningarts.com

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA  95825
916-564-5010
www.tesidea.com

Recreation/Social Opportunities
If you’re looking for recreation or social opportunities for children over 3 years old, please call
WarmLine Family Resource Center
Sacramento: 916-922-9276 / 800-660-7995
Roseville: 916-632-2100
Davis: 530-759-1127
or go to: www.warmlinefrc.org/recreation.html

Respite
Provides the opportunity for parents to have a break from caring for a child with special needs. Some respite services are also available to siblings.

Bayside Church
8181 Sierra College Blvd.
Roseville, CA
Stephanie at fridaynitekidzklub@baysideonline.com
By reservation only – 1st Friday of month from 6:15-9:15 pm

First Covenant Church
10933 Progress Court
Rancho Cordova, CA  95670
916-861-2240 (916-224-2411 – Gabriella)
Program: “On Eagles’ Wings” – 3rd Friday of month 6-9 pm for children with special needs and siblings 1-14 years. Must preregister 1 week in advance. Free. Sunday program so parents can attend church 9:30 & 11:00

United Cerebral Palsy
916-779-6270
Not limited to children with cerebral palsy

Sensory Processing Therapy
Assists with learning how to appropriately handle input through the senses from different sources.

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA  95677
916-415-0119
www.stepstherapyinc.com

Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA  95825
916-483-8282
198 Cirby Way, Suite 140
Roseville, CA  95747
916-483-8282
www.brightstarttherapies.com

Burger Rehabilitation
12 locations locally. For complete list, see page 22
1301 E. Bidwell St., Suite 101
Folsom, CA  95630
916-983-5900

Crisara Creative Therapy, LLC
7000 Franklin Blvd., Suite 350
Sacramento, CA  95823
877-228-5527
www.crisara.us

Fair Oaks Therapeuticum
4112 Pennsylvania Av.
Fair Oaks, CA  95628
916-962-0222
www.therapeuticum.org

Jabbergym
151 N. Sunrise Ave. #1105
Roseville, CA  95661
916-771-8255
2115 J. Street, #210
Sacramento, CA  95816
916-771-8255
www.jabbergym.com

Socially Speaking
907 3rd Street
Davis, CA  95616
530-231-5475
Once Upon a Sign  
3435 March Creek Way  
Elk Grove, CA 95758  
916-606-6676

Cosumnes River College  
8401 Center Parkway  
Sacramento, CA 95823  
916-691-7344  
www.crc.losrios.edu

Folsom Lake College  
10 College Parkway  
Folsom, CA 95630  
916-608-6500  
www.flc.losrios.edu

Jabbergym  
151 N. Sunrise Ave. #1105  
Roseville, CA 95661  
916-771-8255  
2115 J. Street, #210  
Sacramento, CA 95816  
916-771-8255  
www.jabbergym.com

Sacramento City College  
3835 Freeport Blvd.  
Sacramento, CA 95822  
916-558-2111  
www.scc.losrios.edu

Sierra College  
5000 Rocklin Rd.  
Rocklin, CA 95677  
916-624-3333  
www.sierracollege.edu

Social Skills Training  
Assists with teaching appropriate social skills

American River Speech  
11344 Coloma Road  
Gold River, CA 95670  
916-631-0428  
www.americanriverspeech.com

Baby Steps Therapy  
6960 Destiny Dr., Suite 117  
Rocklin, CA 95677  
916-415-0119  
www.stepstherapyinc.com

Sibling Support  
Provides support to siblings of children with special needs

First Covenant Church  
10933 Progress Court  
Rancho Cordova, CA 95670  
916-861-2240 (916-224-2411 – Gabriella)  
(Respite includes siblings)

Sibling Support Project  
www.siblingsupport.org

Socially Speaking  
907 3rd Street  
Davis, CA 95616  
530-231-5475  
www.sociallyspeakingdavis.com

Sign Language  
These resources are not listed in the Provider Information section.

American River College  
4700 College Oak Dr.  
Sacramento, CA 95841  
916-484-8011  
www.arc.losrios.edu

Baby Signs  
A Show of Hands  
304 Lexington Dr.  
Folsom, CA 95630  
916-247-8859  
www.a-show-of-hands.com

Baby Signs by Erin  
Mother & Baby Source  
714 G. St.  
Davis, CA 95616  
Erin@babysigns.com

Vista Child Therapy Center  
7579 Old Auburn Rd.  
Citrus Heights, CA 95610  
916-726-0155 Fax: 916-726-6724

These resources are not listed in the Provider Information section.
Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA 95825
916-483-8282
198 Cirby Way, Suite 140
Roseville, CA 95747
916-483-8282
www.brightstarttherapies.com

Center for Speech Pathology
750 F St., Suite 2
Davis, CA 95616
530-758-8944
www.centerforspeechpathology@sbcglobal.net

Children’s Therapy Center
96 W. Main St. #B
Woodland, CA 95695
530-668-1010
www.ctshelpskids.org

Cook Speech and Language
2143 Hurley Way, Suite 103
Sacramento, CA 95825
916-567-9700
www.cookspeechandlanguage.com

Crisara Creative Therapy, LLC
7000 Franklin Blvd., Suite 350
Sacramento, CA 95823
877-228-5527
www.crisara.us

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA 95864
916-485-6711
www.myeasterseals.org

Fair Oaks Therapeuticum
4112 Pennsylvania Av.
Fair Oaks, CA 95628
916-962-0222
www.therapeuticum.org

H.O.P.E. Consulting
7949 California Ave., #15
Fair Oaks, CA 95628
916-863-7949
www.hopeconsulting.net

Jabbergym
151 N. Sunrise Ave. #1105
Roseville, CA 95661
916-771-8255
2115 J. Street, #210
Sacramento, CA 95816
916-771-8255
www.jabbergym.com

Learning ARTS
6400 Tupelo Dr.,
Citrus Heights, CA 95621
916-729-3098
12059 Nevada City Hwy. Suite 101
Grass Valley, CA 95959
530-272-1594
www.learningarts.com

Learning Solutions Kids
3031 C Street
Sacramento, CA 95816
916-442-2396 Fax: 916-442-2525
www.learningsolutionskids.com

Montessori Autism Programs & Services (MAPS)
216 Natoma St.
Folsom, CA 95630
916-357-5737
www.mapsautism.com

Pediatric Speech-Language Pathology (Karry Ogard)
3416 American river Dr., Suite B
Sacramento, CA 95864
916-971-9481

Socially Speaking
907 3rd Street
Davis, CA 95616
530-231-5475
www.sociallyspeakingdavis.com

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA 95610
916-536-1100
www.sltainc.com

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA 95825
916-564-5010
www.tesidea.com
Speech Therapy
Helps children who have problems speaking (expressive speech), understanding speech (receptive speech) and with conversing (pragmatic speech).

American River Speech
11344 Coloma Road
Gold River, CA 95670
916-631-0428
www.americanriverspeech.com

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA 95677
916-415-0119
www.stepstherapyinc.com

Barton Memorial Hospital
2170 So. Ave.
South Lake Tahoe, CA 95650
530-543-5896
155 Hwy 50
Statelime, NV 89449
775-589-8953
www.bartonhealth.org

Bright Start Therapies
2222 Watt Ave. Suite C-5
Sacramento, CA 95825
916-483-8282
198 Cirby Way, Suite 140
Roseville, Ca 95747
916-483-8282
www.brightstarttherapies.com

Burger Rehabilitation
12 locations locally. For complete list, see page 22.
1301 E. Bidwell St., Suite 101
Folsom, CA 95630
916-983-5900

Center for Speech Pathology
750 F St., Suite 2
Davis, CA 95616
530-758-8944
www.centerforspeechpathology@sbcglobal.net

CChat Center
11100 Coloma Rd.,
Rancho Cordova, CA 95670
916-361-7290

Children’s Therapy Center
96 W. Main St., Ste B
Woodland, CA 95695
530-668-1010 Fax: 530-668-9799
www.cthelpskids.org

Cook Speech and Language
2143 Hurley Way, Suite 103
Sacramento, CA 95825
916-567-9700
www.cookspeechandlanguage.com

Easter Seals Superior California
3205 Hurley Way
Sacramento, CA 95864
916-485-6711
www.myeasterseals.org

Elk Grove Speech-Language Solutions
9008 Elk Grove Blvd, Suite 20
Elk Grove, CA 95624
916-714-5610

Jabbergym
151 N. Sunrise Ave. #1105
Roseville, CA 95661
916-771-8255
2115 J. Street, #210
Sacramento, CA 95816
916-771-8255
www.jabbergym.com

Maryjane Rees Language, Speech & Hearing Center
California State University, Sacramento
6000 J Street
Sacramento, CA 95819
916-278-6601

Mercy Outpatient Rehabilitation Center
406 Sunrise Ave.
Roseville, CA 95661
916-536-2425

Pediatric Speech-Language Pathology
(Karry Ogard)
3416 American River Drive, Suite B
Sacramento, CA 95864
916-971-9481
Sacramento Scottish Rite Childhood Language Center
6151 H Street
Sacramento, CA  95819
916-731-4357
www.srsac-clcdc.org

Socially Speaking
907 3rd Street
Davis, CA  95616
530-231-5475
www.sociallyspeakingdavis.com

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA  95610
916-536-1100
www.sltainc.com

Sutter Children’s Center – Pediatric Rehabilitation Services
52nd & F Streets
Sacramento, CA  95819
916-733-1040

1 Medical Plaza Dr.
Roseville, CA  95661
916-782-1421

Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA  95825
916-564-5010
www.tesidea.com

**Provider Information**
The private providers from the previous sections are listed here along with, when possible, their full range of services, the ages and areas they serve and their billing services such as private pay, sliding scale, private insurance, etc. Please consult the provider for the most up-to-date information.

American River Speech
11344 Coloma Road
Gold River, CA  95670
916-631-0428
www.americanriverspeech.com

Services:
- Augmentive and Assistive Communication (AAC) assessment
- Social Skills / Socialization Training
- Speech Therapy

Ages: Up to 22 for socialization training
Area: Sacramento, El Dorado Counties
Fees: Private Pay

Anne E. Howard
5328 L Street
Sacramento, CA  95819
916-475-5216
www.annemusictherapy.com
Services:
- Music Therapy
Ages: 0– adult
Area: Sacramento, El Dorado Counties
Fees: Private Pay

Applied Behavior Consultants, Inc. (ABC)
4540 Harlin Dr.
Sacramento, CA  95826
916-364-7800
www.appliedbehaviorconsultants.com
Services:
- Behavior Therapy
- ABA
Ages: All
Area: Sacramento County
Fees: Pvt Pay

Baby Steps Therapy
6960 Destiny Dr., Suite 117
Rocklin, CA  95677
916-415-0119
www.stepstherapyinc.com
Services:
- Assistive Technology
- Family Training/Support
- Feeding Therapy
- OT
- PT
- Psychological Services
- Sensory Processing Therapy
- Speech/Language Services
- Social Skills Training
Ages: 0-21, “also see adults”
Area: Placer, Sacramento, Yuba, Sutter, El Dorado Counties
Fees: Pvt. Ins, Pvt. Pay
**Barton Memorial Hospital**  
2170 So. Ave.  
South Lake Tahoe, CA  95650  
530-543-5896  

155 Hwy 50  
Stateline, NV  89449  
775-589-8953  
[www.bartonhealth.org](http://www.bartonhealth.org)

Services:  
OT  
PT  
Speech

Ages: 0-adult  
Area: El Dorado County  

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**Bayside Church**  
8181 Sierra College Blvd.  
Roseville, CA  
Stephanie at  
fridaynitekidzklub@baysideonline.com

Services:  
Respite

Ages:  
Fees: None

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**Behavioral Education for Children with Autism (BECA)**  
2555 3rd Street, Suite 210  
Sacramento, CA  95818  
916-443-2479  
[www.beca-aba.com](http://www.beca-aba.com)

Services:  
ABA  
Behavior Services

Ages: 18 months-18 years  
Area:  
Fees: Pvt. Pay

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**Behavioral Education Services and Training (BEST) Consulting, Inc.**  
930 Alhambra Blvd., Suite 292  
Sacramento, CA  95816  
[www.BESTConsultingInc.com](http://www.BESTConsultingInc.com)

Services:  
ABA  
ABA Parent Training  
Functional Assessments  
Functional Adaptive Skills Training  
Classroom Consultation  
Workshop Training

Ages:  
Area: Sacramento, Reno, Lake Tahoe

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**Bridges Behavioral Language Systems, Inc.**  
6060 Sunrise Vista Dr., Suite 2340  
Citrus Heights, CA  95610  
916-725-1270 Fax: 916-725-1205  
[www.bridgesbls.com](http://www.bridgesbls.com)

Services:  
ABA  
Behavior Services  
Family Training/support

Ages: 18 mos.-7 years  
Area: Greater Sacramento, Galt, Auburn, Elk Grove  
Fees: (consider) Sliding Scale, Private Ins., Private Pay

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**Bright Start Therapies**  
2222 Watt Ave., Suite B-5  
Sacramento, CA  95825  
916-483-8282

198 Cirby Way, Suite 140  
Roseville, CA  95747  
916-483-8282  
[www.brightstarttherapies.com](http://www.brightstarttherapies.com)

Services:  
Assistive Technology  
Family Training/Support  
Feeding Therapy  
Home Visits  
OT  
PT  
Sensory Processing Therapy  
Speech/Language Services  
Social Skills Training  
Social/Pragmatic Group

Ages: birth-adult w/ heavy emphasis on early intervention  
Area: Sacramento and surrounding  
Fees: Private Pay, Private Ins.

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**Burger Rehabilitation**  
[www.burger-rehab.com](http://www.burger-rehab.com)

11990 Heritage Oak Place, Suite 8  
Auburn, CA  95603  
530- 823-6835

2019 Anderson Rd., Suite A  
Davis, CA  95616  
530-758-2222

7805 Laguna Blvd., Suite 300  
Elk Grove, CA  95758  
916-691-5400

6614 Mercy Ct., Suite C  
Fair Oaks, CA  95628  
916-863-5785
101 E. Natoma St., Suite 1
Folsom, CA  95630
916-353-5295

1301 E. Bidwell St., Suite 101
Folsom, CA  95630
916-983-5900

900 Whispering Pines Lane
Grass Valley, CA  95945
530-272-4284

1004 Fowler Way, Suite 9
Placerville, CA  95667
530-626-4734

2550 Douglas Blvd., Suite 100
Roseville, CA  95661
916-772-7190

7200 So. Land Park Dr., Suite 300
Sacramento, CA  95831
916-391-5010

4420 Duckhorn Dr.
Sacramento, CA  95834
916-928-1234

2101 Stone Blvd., Suite 175
West Sacramento, CA  95691
916-617-2400

Services:
  OT
  PT
  Sensory Processing Therapy
  Speech Therapy
Ages:  Pediatric—Adult
Areas:  Sacramento, Placer, Nevada, El Dorado Counties
Fees:  Private Insurance, Private Pay

**Capitol Autism Services**
2041 Hallmark Dr., Suite 9
Sacramento, CA  95825
916-923-1789
www.capitolautismservices.com

Services:
  ABA
Ages:  18 months—14 years
Area:
Fees:  

**CChat Center**
11100 Coloma Rd.,
Rancho Cordova, CA  95670
916-361-7290
www.oraldeafed.org

Services:
  Speech Therapy
Ages:  infant—grade school
Areas:  Sacramento, Colusa, Stockton, Modesto
Fees:  

**Center for Autism and Related Disorders, Inc. (CARD)**
3050 Beacon Blvd., Suite 101
West Sacramento, CA  95691
916-374-0800
www.centerforautism.com

Services:
  ABA
Ages:  
Area:  
Fees:  

**Center for Speech Pathology**
750 F St., Suite 2
Davis, CA  95616
530-758-8944
www.centerforspeechpathology@sbcglobal.net

Services:
  Feeding Therapy
  Speech Therapy
  Social Skills Training
Ages:  18 months—geriatric
Area:  Yolo, Solano, Sacramento, Elk Grove
Fees:  Private Pay, Private

**Children’s Therapy Center**
96 W. Main St. #B
Woodland, CA  95695
530-668-1010
www.ctshelpskids.org

Services:
  Behavior Services
  Family Training
  Feeding Therapy
  Home Visits
  OT
  PT
  Social Skills
  Speech Therapy
Ages:  0-18
Area:  
Fees:  Sliding Scale, Private Pay, Private Insurance, School Districts
**Communication Technology Communication Center (CTEC)**
2025 Hurley Way, Suite 105
Sacramento, CA 95825
916-921-5639
[www.supportedlife.org/ctec](http://www.supportedlife.org/ctec)

**Services:**
- Assistive Technology (Communication)

**Ages:** 0-3, >21

**Area:**

**Fees:** Private Pay

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**Cook Speech and Language**
2143 Hurley Way, Suite 103
Sacramento, CA 95825
916-967-9700
[www.cookspeechandlanguage.com](http://www.cookspeechandlanguage.com)

**Services:**
- Assistive Technology
- Family Training/Support
- Home Visits
- Speech/Language Services
- Social Skills Training

**Ages:** “All”

**Areas:**

**Fees:** Private Pay

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**Crisara Creative Therapy, LLC**
7000 Franklin Blvd. Suite 350
Sacramento, CA 95823
877-228-5527
[www.crisara.us](http://www.crisara.us)

**Services:**
- Behavior Services
- Counseling
- Recreation/Social Services
- Sensory Processing Therapy
- Social Skills Training

**Other:**
- Juvenile probation services
- Expressive art therapy

**Ages:** 5 yr-adult

**Area:** California

**Fees:** Sliding Scale, Private Ins., Private Pay

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**Early Years**
Davis, CA
530-758-9366
[www.earlyyears.com](http://www.earlyyears.com)

**Services:**
- Family Training/Support
  - (social/emotional difficulties)
- Early Development Assessment

**Ages:** 0-6

**Fees:** Sliding Scale, Private Pay

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**Easter Seals**
3205 Hurley Way
Sacramento, CA 95864
916-485-6711
[www.myeasterseals.org](http://www.myeasterseals.org)

**Services:**
- Assistive Technology
- Family Training
- Feeding Therapy
- Home Visits
- OT
- PT
- Social Skills Training
- Speech
- Other:
  - Child development intervention,
  - Warm water therapy,
  - Adult day programs,
  - Traumatic brain injury/ ADHD work services

**Ages:** 0-adult

**Area:** Alpine, Amador, Calaveras, El Dorado, Nevada, Placer, Sacramento, San Joaquin, Stanislaus, Sutter, Tuolumne, Yolo, Yuba Counties

**Fees:** Sliding Scale (pool services), Private Insurance, Private Pay

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**Elk Grove Speech-Language Solutions**
9008 Elk Grove Blvd, Suite 20
Elk Grove, CA 95624
916-714-5610

**Services:**
- Family Training/Support
- Speech/Language Services

**Ages:** 0-16 years

**Area:** Elk Grove, Sacramento

**Fees:** Private Pay

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**Fair Oaks Therapeuticum**
4112 Pennsylvania Av.
Fair Oaks, CA 95628
916-962-0222
[www.therapeuticum.org](http://www.therapeuticum.org)

**Services:**
- Behavior Services
- Counseling
- Family Training/Support
- Home Visits
- Nutrition Services
- Psychological Services
- Sensory Processing Therapy
- Social Skills Training

**Other:**
- Children with medical trauma, ASD
- Yoga Therapy

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Therapeutic Listening
Bio-Medical Interventions
Medical Massage Therapy
Sensory Integration Protocols
Trauma Therapy
Ages: “Birth to three and beyond”
Area: Sacramento, Placer, El Dorado Counties
Fees: Private Ins., Private Pay, “Since Case Agreements w/ insurance co.”

Family and Community Education Services
1001 Riverside Ave.
Roseville, CA 95661
916-726-4924
www.respectnet.com
Services:
Toddler Class 1 yr—4 yr
Active Parenting 4 yr—18 yr
Cooperative parenting and divorce classes
Area:
Offices in Sacramento, Rancho Cordova, Folsom

First Covenant Church
10933 Progress Court
Rancho Cordova, CA 95670
916-861-2240 (916-224-2411 – Gabriella)
Services:
Respite
Ages: 1-14
Fees: None

Golden Sierra Life Skills
3240 Professional Dr.
Auburn, CA 95640
530-887-9245
www.goldenlifeskills.com
Services:
Anger Management
Co-operative parenting
Men, Infant & Children (men with children 0-5)

H.O.P.E. Consulting
7949 California Ave., #15
Fair Oaks, CA 95628
916-863-7949
www.hopeconsulting.net
Services:
Behavior Services
Counseling
Social Skills Training
Other:
Early Intervention
Parent Training
Functional Skills Training

Howard, Anne E.
5328 L Street
Sacramento, CA 95819
916-475-5216
www.annemusictherapy.com
Services:
Music Therapy
Ages: 0– adult
Area: Sacramento, El Dorado Counties
Fees: Private Pay

ISIS Healthcare Services
3601 Marconi Ave.
Sacramento, CA 95821
916-481-1300
www.isishealthcare.net
Services:
OT
PT
Other:
DME Assessments
Clinic Based Services
Home Based Services
Ages: 0-3, 3-22, >22
Area:
Fees: Private Insurance, Private Pay

Jabbergym
151 N. Sunrise Ave. #1105
Roseville, CA 95661
916-771-8255
2115 J. Street, #210
Sacramento, CA 95816
916-771-8255
www.jabbergym.com
Services:
Feeding Therapy
Home Visits
OT
PT
Sensory Processing Therapy
Speech
Social Skills Training
Other:
Play Group (Infants/Toddlers)
Sign Language (Individual & Group)
Ages: 0-22
Area:
Fees: Private Insurance, Private Pay
**Kids First**

7311 Galilee Road, Suite 105  
Roseville, CA  95678  
916-772-2272

119900 Heritage Oak Place  
Auburn, CA  95603  
530-887-3536  
[www.kidsfirstnow.org](http://www.kidsfirstnow.org)

Services:  
Parenting Classes

Fees:  
Sliding Scale

**Laguna Physical Therapy and Hand Rehabilitation**

9231 Office Park Circle, Suite 110  
Elk Grove, CA  95758  
916-691-9822  

Services:  
PT

Ages:  0-adult

Area:  Sacramento, Placer County

Fees:  Private Insurance, Private Pay

**Land Park Academy**

6400 Freeport Blvd.  
Sacramento, CA  95822  
916-427-2273  Fax: 916-427-1071

2751 Wilmington Av.  
Sacramento, CA  95820  
916-451-1133  Fax: 916-731-8955

6011 Riverside Blvd.  
Sacramento, CA  95831  
916-927-2273

[www.landparkacademy.com](http://www.landparkacademy.com)

Services:  
Behavior Services  
OT  
Sensory Processing Therapy  
Speech Therapy  
Social Skills Training  
Other:  
Non-Public School  
Adaptive P.E.

Ages:  
Freeport Blvd.—7-22  
Wilmington Ave.—3-10  
Riverside Blvd. 12-22

Fees:  School District

**Learning ARTS**

6400 Tupelo Dr.,  
Citrus Heights, CA  95621  
916-729-3098

12059 Nevada City Hwy. Suite 101  
Grass Valley, CA  95959  
530-272-1594  
[www.learningarts.com](http://www.learningarts.com)

Services:  
Behavior Services  
Counseling  
Family Training/Support  
Feeding Therapy  
Home Visits  
Psychological Services  
Recreation/Social Services  
Social Skills Training  
Other:  Presentations/trainings to parent, support & community groups

Ages:  0-18

Areas:  Most counties in No., Central Calif.

Fees:  Sliding Scale, Private Insurance, Private Pay, “Some counseling and social skills services are free to parent support and community groups.”

**Learning Solutions Kids**

3031 C Street  
Sacramento, CA  95816  
916-442-2396  Fax: 916-442-2525  
[www.learningsolutionskids.com](http://www.learningsolutionskids.com)

Services:  
ABA  
Behavior Services  
Social Skills Training  
Parent Training

Ages:  2-20

Area:  Nevada, Placer, Yolo, Sacramento Counties

Fees:  Private pay, School Districts

**Lovaas Institute**

2701 Cottage Way, Suite 12  
Sacramento, CA  95825  
916-979-9398  
[www.Lovaas.com](http://www.Lovaas.com)

Services:  
ABA

Ages:  
Area:  
Fees:  

**Maryjane Rees Language, Speech & Hearing Ctr.**
6000 J Street  
Sacramento, CA  95819  
916-278-6601  
[www.hhs.cusu.edu/spa/mjrslhc.html](http://www.hhs.cusu.edu/spa/mjrslhc.html)

Services:
- Audiology (call for availability)
- Speech Therapy

Ages:  children—adult
Area:
Fees:  Private Pay

**McConnell Music Therapy Services**
P.O. Box 9026  
Auburn, CA  95604  
916-996-1589  Fax—530-823-8649  
[www.mcconnellmusictherapyservices.com](http://www.mcconnellmusictherapyservices.com)

Services:
- Music Therapy—Group & Individual

Ages:  0-adult
Areas:  Placer, Sacramento & North San Joaquin Co.
Fees:  Private Insurance, Private Pay

**Mercy Outpatient Rehabilitation Center**
406  Sunrise Ave.  
Roseville, CA  95661  
916-536-2425

Services:
- OT
- PT
- Speech Therapy

Ages:  0-adult
Area:
Fee:  MediCal, Private Ins.
Comment:  “Only work with certain diagnoses—not with autism or sensory processing problems

**Montessori Autism Programs & Services (MAPS)**
216 Natoma St.  
Folsom, CA  95630  
916-357-5737  
[www.mapsautism.com](http://www.mapsautism.com)

Services:
- Family Training/Support
- Home Visits
- Social Sills Training
- Play Group

Ages:  3-11
Area:  Sacramento, El Dorado, Placer Co.
Fees:  Private Pay
Comments:  MAPS is a program that supports children who have developmental delays in play with children who have typical skills.  The primary purpose of the play groups is for the children to learn to make friends while having fun together.  Children from the community may benefit from the program by enhancing their self-esteem as role models while learning to accept, include and help children with differing abilities.  MAPS groups meet 2 or 3 days per week for 1 ½ hr.  Groups are established to meet on a continuing basis for six months or longer, according to the needs of the children. We also encourage the siblings and friends of children in the program to participate and are dedicated to developing a community of tolerance and inclusion for all children.

**Music to Grow On**
8801 Folsom Blvd., Suite 105  
Sacramento, CA  95826  
916-383-6100  
[www.musictogrowon.net](http://www.musictogrowon.net)

Services:
- Music Therapy

Ages:  6 months and up
Area:
Fees:  Private Pay
Comments:  Services provided in the home, day care or clinic.

**Pediatric Speech-Language Pathology (Karry Ogard)**
3416 American River Drive, Suite B  
Sacramento, CA  95864  
916-971-9481

Services:
- Speech Therapy
- Social Skills Training

Ages:  0-High School
Area:
Fees:  Private Pay

**Placer Speech and Hearing**
11775 Education St.  # 112  
Auburn, CA  95602  
530-823-7532

Services:
- Audiology

Ages:  All
Area:
Fees:  MediCal for patients < 21, Private Ins. Pvt. Pay
Proplay Pediatric Physical Therapy
P.O. Box 4661
El Dorado Hills, CA  95762
916-837-0561
www.proplaypediatrics.com

Services:
Home Visits
PT
Ages: Infant-19 years
Fees:  Private Pay, School Districts
Comments:  We are a mobile company and can treat in a child’s home, preschool or school.

Sacramento Scottish Rite Childhood Language Ctr.
6151 H Street
Sacramento, CA  95819
916-731-4357
www.srsac-cldc.org

Services:
Speech Therapy
Early Language Reading Difficulties
Ages:  18 mos.-12 years
Area:  Greater Sacramento
Fees:  None

Sierra Pediatric Therapy Clinic
8485 Barton Road
Granite Bay, CA  95746
916-791-2747
www.sierrapediatrics.com

Services:
PT
Ages:  0-18
Area:  Greater Sacramento & surrounding
Fees:  Private Ins., Private Pay, School Districts

Socially Speaking
907 3rd Street
Davis, CA  95616
530-231-5475
www.sociallyspeakingdavis.com

Services:
Behavior Services
OT
Speech Therapy
Social Skills Training
Parenting Classes
Music Therapy
Family Support
Ages:  Children—Adolescents
Area:
Fees:

Speech and Language Therapy Associates, Inc
8089 Madison Ave., Suite 7
Citrus Heights, CA  95610
916-536-1100
www.sltainc.com

Services:
Feeding Therapy
OT
PT
Speech Therapy
Other:
Music Therapy
Social Skills Groups
Adapted Music Lessons
1:1 Help w/ Handwriting
Ages:  0-Adult
Area:

Sutter Children’s Center – Pediatric Rehabilitation Services
52nd & F Streets
Sacramento, CA  95819
916-733-1040

1 Medical Plaza Dr.
Roseville, CA  95661
916-782-1421

Services:
Audiology
OT
PT
Speech Therapy
Ages:  0-18
Area:
Fees:  “Call for information”

Therapeutic Pathways, Sacramento
2775 Cottage Way, Suite 7
Sacramento, CA  95825
916-489-1376

Services:
ABA
Ages:  14 months—4 years
Total Education Solutions
1329 Howe Ave., Suite 101
Sacramento, CA 95825
916-564-5010
www.tesidea.com

Services:
Behavior Therapy
Counseling
Family Training/Support
Feeding Therapy
Nursing
Occupational Therapy
Physical Therapy
Psychological Services
Recreation
Sensory Processing Therapy
Speech Therapy
Social Skills Training
Vision Services
Other:
Special education academic support, tutoring, specialized academic instruction, individual education evaluation

Ages: birth—22
Area: Northern California
Fees: MediCal, Sliding Scale, Private Ins., Private Pay

Vista Child Therapy Center
7579 Old Auburn Rd.
Citrus Heights, CA 95610
916-726-0155 Fax: 916-726-6724

Services:
OT
PT
Sensory Processing Therapy

Ages: 0-Adult
Area: Placer, Sacramento, Nevada Counties
Fees: Private Pay
Comments: Vista Child Therapy is a pediatric OT facility that provides services for clients from infant through adult. We offer evaluations and treatment for clients with sensory integration dysfunction, developmental delays, neuromuscular dysfunction, autism and other problems.

Public Health Care Programs

California Children’s Services (CCS)
CCS is a state-wide program for specialized medical care and rehabilitation for children who have a CCS eligible diagnosis. Families must meet income guidelines, however, occupational therapy and physical therapy are not income dependent

Alpine County: ..................530-694-2146
El Dorado County: .............530-621-6128
South Lake Tahoe: ..........530-573-3157
Nevada County: ................530-265-1462
Placer County: ..................530-886-3630
Sacramento County: .........916-875-9900
Yolo County: .....................530-666-8333

Child Health & Disability Program (CHDP)
CHDP provides complete health and dental assessments to children from low income families for early detection and prevention of diseases and disabilities in children birth to age 20.

Alpine County: ..................530-694-2145
El Dorado County: .............530-621-5600
South Lake Tahoe: ..........530-573-3455
Nevada County: ................530-901-3212
Placer County: ..................530-886-3620
Sacramento County: .........916-875-7151
Yolo County: .....................530-666-8249

Healthy Families
Provides health and dental care to children from low-income families birth to age 19. The program does have an immigration status requirement.
Healthy Families: .................800-880-5305 (www.healthyfamilies.ca.gov)

MediCal
MediCal is health care for children from low-income families.

Alpine County: .................530-694-2235
El Dorado County: .............530-642-7300
South Lake Tahoe: ..........530-573-3200
Nevada County: ................530-265-1340
Placer County: ..................530-582-7803

Auburn: ......................530-889-7610
Roseville: .................916-784-6000
Sacramento County: .........916-874-2072

Yolo County:

West Sacramento: ....916-375-6200
Woodland: ..........530-661-2750
Private Medical Insurance
Aetna........................................ 800-756-7039
Blue Cross................................ 818-234-2345
Blue Shield................................ 800-334-5847
Cigna...................................... 800-832-3211
Health Net................................ 800-624-8822
United Healthcare....................... 800-325-6651
Western Health Advantage ............. 888-227-5942

Pediatric Sub-specialists

Kaiser System
Pediatric Specialties by referral only.
Medical Office Building 2, Roseville Medical Center:
  Cardiology, endocrinology, gastroenterology, infectious disease, oncology, pulmonology, and surgery
Advice/appointments/information:.. 916-474-2250

Mercy System
Cardiology
  Hessam Fallah, M.D. ...916-452-5391
  Naveen Manohar, M.D. ...916-452-5391
  Jeff Van Gundy, M.D. ...916-782-2225
  Stanley Wright, M.D. ...916-452-5391

Dentistry
  Michael Staveris, DDS......916-782-7808
  Victoria Sullivan, DDS.....916-941-2341

Neurology
  Paul Chretien, M.D. ....916-649-9800

Sutter System
Allergy & Immunology
  Bradley Chipps, M.D.........916-453-8696
  Travis Miller, M.D.........916-453-8696
  Myrza Perez, M.D.........916-453-8696
  Mark Grijinsztein, M.D. ...916-478-6555
  Joeseph Marino, M.D. ...916-962-3112

Autism
  Michael Chez, M.D. ....916-454-6667

Cardiology
  Hessam Fallah, M.D. ....916-452-5391
  Gregory Janos, M.D. ....916-452-5391
  Andrew Juris, M.D. ....916-452-5391
  Naveen Manohar, M.D. ....916-452-5391
  Stanley Wright, M.D. ....916-452-5391
  Jeff Van Gundy, M.D. ....916-782-2225
  Robert Achtel, M.D. ....916-451-9900
  Iman Kahwaji, M.D. ....916-451-9900

Neurology
  Shailesh Asaikar, M.D. ...916-649-9800
  Paul Chretien, M.D. ...916-649-9800
  Michael Chez, M.D. ...916-545-6667
  Amer Khan, M.D. ...916-545-6667

Ophthalmology
  Denise Satterfield, M.D....916-737-3456

Orthopedics
  Roy Rubin, M.D. ........916-453-0570

Pulmonary
  Bradley Chipps, M.D.........916-453-8696
  Travis Miller, M.D.........916-453-8696

Surgery
  Lisa Abramson, M.D........916-733-6050
  Robert Gates, M.D........916-733-6050
  Joy Graf, M.D..........916-733-6050
  Stephen Greenholz, M.D....916-733-6050
  Clifford Marr, M.D. ....916-733-6050

Pediatric Rehabilitation Services........916-733-10
  Audiology, Speech-Language Pathology,
  Feeding Evaluations, Physical Therapy,
  Occupational Therapy

Pediatric Outpatient Clinics........916-733-1025
  Endocrinology & Nutrition
    Diabetes Program
    Insulin Pump Program
    Endocrinology
    General Pediatric Nutrition
    Epilepsy/Ketogenic Diet Program
    Healthy Lifestyles Prog. (Weight Mgt)
    Sickle Cell Disease Program
  Gastroenterology & Nutrition
  Pulmonary Services
    Pulmonary Disorders
    Cystic Fibrosis
  Cardiology
    Cleft Palate & Craniofacial Anomalies
    NICU Developmental Follow-up Clinic
    Metabolic Disorders Clinic
UCDMC System

Autism
M.I.N.D Institute..................800-482-3284 option 2

Cardiology
Aarti Bhat, M.D.....................916-734-3456
Michael Choy, M.D.................916-734-3456
Jennifer Davenport, M.D...........916-734-3456
Jeanny Park, M.D...................916-734-2160
Mark Parrish, M.D..................916-734-2160

Child Development/Behavior
Theresa Gannon, Ph.D................916-703-2390
Robin Hansen, M.D..................916-703-0300
Ingrid Luckier .................916-703-0300
Lauren Plumer, M.D...............916-703-0300
Mary Beth Steinfeld, M.D...........916-703-0300

Endocrinology
Andrew Bremer, M.D...............916-734-3112
Nicole Glaser, M.D...............916-734-3112
Dennis Styne, M.D...............916-734-3112

Neuro Surgery
James Boggan, M.D................916-734-4300

Neurology
Celia Chang, M.D.................916-703-0300

Ophthalmology
Mary O’Hara, M.D.............916-734-6818

Orthopedics & Orthopedic Surgery
Jennette Boakes, M.D..............916-453-2049
Michelle James, M.D..............916-453-2049
Joel Lerman, M.D.................916-453-2180
Debra Popejoy, M.D..............916-734-2700
George Rab, M.D.................916-734-2700
Peter Slamon, M.D..............916-734-2700

Pulmonology
Sanjay Jhawar, M.D.........916-734-3112
Ruth McDonald, M.D.............916-734-3112

Surgery
Lisa Abramson, M.D...........916-733-6050
Robert Gates, M.D..............916-733-6050
Joy Graf, M.D.................916-733-6050
Stephen Greenholz, M.D..........916-733-6050
Clifford Marr, M.D...............916-733-6050

Dental Care Providers

Judy Boothby
8139 Sunset Ave. #105
Fair Oaks, CA 95628
916-988-9767
Comment: Dental Hygienist

Rodney Bughao, DDS
877 Embarcadero, Suite 3
El Dorado Hills, CA 95762
916-941-0323
Comment: DentiCal

David Crippin, DDS
920 29th Street
Sacramento, CA 95816
916-476-3972
Comment: Special needs, sedation, DentiCal

Jared Danielson, DDS
9565 Laguna Springs Dr.
Elk Grove, CA 95758
916-683-6453
Comment: Associated w/ Mercy & Methodist Hospitals

Pamela Ditomasso, DDS
2619 J Street
Sacramento, CA 95816
916-44-FLOSS
Comment: Does not take DentiCal.
Will continue to see patients as adults.

Kathleen Duncan, DDS
11294 Coloma Road, Suite C
Gold River, CA 95670
916-858-0565

Lora Foster, DDS
1162 Cirby Way, Suite 3
Roseville, CA 95661
916-782-5503

Wayne Grossman, DDS
11230 Gold Express Dr., Suite 302
Gold River, CA 95670
916-638-8778
Comment: Many patients with autism
Mark Haegle, DDS  
212 Lincoln Way  
Auburn, CA  95603  
530-265-6656  
Comment: Children 6 and under and/or developmentally disabled. Hospital dentistry and in-patient.

Craig Hollingworth, DDS  
2650 21st Street, Suite 7  
Sacramento, CA  95818  
916-452-5231

Tom Houghton, DDS  
8329 Fair Oaks Blvd.  
Carmichael, CA  95608  
916-944-1143  
Comment: DentiCal

William Iliff, DDS  
5340 Elvas Ave., Suite 400  
Sacramento, CA  95819  
916-451-2002  
Comment: Does not take DentiCal

Yan Kalika, DDS  
4150 Truxel Road, Suite A  
Sacramento, CA  95834  
916-419-9939  
Comment: Many pts. w/ autism

Richard Keilson, DDS  
103 Scripps Dr., Suite 15  
Sacramento, CA  95825  
916-929-5534  
Comment: A few pts. w/ autism

Timothy Lyons, DDS  
4944 Windplay Dr., Suite 300  
El Dorado Hills, CA 95762  
916-933-8820

Richard Mandalaris, DDS  
7227 29th Street  
Sacramento, CA  95822  
916-391-2101  
Comment: Orthodontics

Ann Moore, DDS  
700 Sunrise Ave. Suite C  
Roseville, C  95661  
916-782-1209  
Comment: Does not take DentiCal

Richard Mandalaris, DDS  
10425 Fair Oaks Blvd. Suite 101  
Fair Oaks, CA  95628  
916-965-3077  
Comment: General anesthesia used

Robert Nance, DDS  
807 Grand Ave., Suite C  
Sacramento, CA  95838  
916-922-8361

John Oshetski, DDS  
9340 West Stockton Blvd., Suite 110  
Elk Grove, CA 95758  
916-684-0520  
Comment: Orthodontics
Lorelei Perena, DDS  
699 Washington Blvd., #B-8  
Roseville, CA 95678  
916-773-0222  
Comment: Does not do general anesthesia.  
Has pts. w/ autism and a few w/ other special needs

Dennis Peterson, DDS  
5420 Park Dr.  
Rocklin, CA 95765  
916-425-5230  
Comment: Many pts. w/ autism. No DentiCal

Timothy Pettiy, DDS  
1204 Cottonwood Street, Suite 7  
Woodland, CA 95695  
530-662-3915

Preventive Dental Care Clinic  
2737 Woodberry Way, # 107  
Rancho Cordova, CA 95670  
916-364-5010  
Comment: DentiCal and sedation

Linda Rafferty, DDS  
2520 Douglas Blvd., Suite 130  
Roseville, CA 95661  
916-782-2278  
Comment: Does not take DentiCal

Lindsey Robinson, DDS  
1364 Whispering Pines Lane # 1  
Grass Valley, CA 95945  
530-272-5522  
Comment: Does do general anesthesia in office

Donald Rollophson, DDS  
9727 Elk Grove-Florin Road, # 280  
Elk Grove, CA 95624  
916-685-2164  
Comment: Orthodontics

Jenny Ryan, DDS  
2520 Douglas Blvd., Suite 130  
Roseville, CA 95661  
916-782-2278  
Comment: Does not take DentiCal

Victoria Sullivan, DDS  
5009 Windplay Dr., Suite 1  
El Dorado Hills, CA 95762  
916-941-2341  
Comment: “Magic Smiles Dentistry”/Pediatric Specialist

Robert Sutter, DDS  
7300 Laguna Blvd., Suite 3  
Elk Grove, CA 95758  
916-683-2737  
Comment: Orthodontics

Efrain Toledo, DDS  
3517 Marconi Ave,  
Sacramento, CA 95825  
916-482-4346  
Comment: Does not take DentiCal

UCDMC Dental Clinic  
2360 Stockton Blvd.  
Sacramento, CA 95817  
800-322-6384  
Comment: Does not take DentiCal, CCS only. Sedation available.

Melvin Walters, DDS  
4450 Duckhorn Blvd., Suite B  
Sacramento, CA 95834  
916-575-9990  
Comments: Orthodontics

Cindy Weiderman, DDS  
7916 Pebble Beach Dr., Suite 101  
Citrus Heights, CA 95610  
916-962-0577  
Comments: Does not take DentiCal. Will continue to see patients who become adults.
## ALPHABET SOUP (COMMON ACRONYMS)

<table>
<thead>
<tr>
<th>Abbr.</th>
<th>Definition</th>
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<tbody>
<tr>
<td>AAC</td>
<td>Augmentative Alternative Communication</td>
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<tr>
<td>ABA</td>
<td>Applied Behavior Analysis</td>
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<tr>
<td>ACRC</td>
<td>Alta California Regional Ctr.</td>
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<tr>
<td>ACOE</td>
<td>Alpine Co. Office of Education</td>
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<tr>
<td>ADA</td>
<td>Americans with Disabilities Act</td>
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<tr>
<td>ADD</td>
<td>Attention Deficit Disorder</td>
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<tr>
<td>ADHD</td>
<td>Attention Deficit Hyperactivity Disorder</td>
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<tr>
<td>ASD</td>
<td>Autism Spectrum Disorder</td>
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<tr>
<td>AT</td>
<td>Assistive Technology</td>
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<tr>
<td>AUT</td>
<td>Autism</td>
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<tr>
<td>CAC</td>
<td>Community Advisory Committee</td>
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<tr>
<td>CCS</td>
<td>California Children Services</td>
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<tr>
<td>CH</td>
<td>Communicatively Handicapped</td>
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<tr>
<td>CP</td>
<td>Cerebral Palsy</td>
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<tr>
<td>DD</td>
<td>Developmentally Delayed</td>
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<tr>
<td>DDS</td>
<td>Dept. of Developmental Services</td>
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<tr>
<td>DHOH</td>
<td>Deaf and Hard of Hearing</td>
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<tr>
<td>DIS</td>
<td>Designated Instruction and Services</td>
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<tr>
<td>DOE</td>
<td>Department of Education</td>
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<tr>
<td>ED</td>
<td>Emotionally Disturbed</td>
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<tr>
<td>EDOE</td>
<td>El Dorado Co. Office of Education</td>
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<tr>
<td>ECSE</td>
<td>Early Childhood Special Education</td>
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<tr>
<td>FBA</td>
<td>Functional Behavior Assessment</td>
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<tr>
<td>FRC</td>
<td>Family Resource Center</td>
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<tr>
<td>HI</td>
<td>Hearing Impaired</td>
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<tr>
<td>IBI</td>
<td>Intensive Behavioral Intervention</td>
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<tr>
<td>IDEA</td>
<td>Individuals with Disabilities Education Act</td>
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<tr>
<td>IEP</td>
<td>Individualized Education Program</td>
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<tr>
<td>IFSP</td>
<td>Individualized Family Service Plan</td>
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<tr>
<td>IHSS</td>
<td>In-home Support Services</td>
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<tr>
<td>IPP</td>
<td>Individual Program Plan</td>
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<tr>
<td>IQ</td>
<td>Intelligence Quotient</td>
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<tr>
<td>LD</td>
<td>Learning Disabled/Learning Disability</td>
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<tr>
<td>LEA</td>
<td>Local Education Agency (local school district)</td>
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<tr>
<td>LH</td>
<td>Learning Handicapped</td>
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<tr>
<td>LRE</td>
<td>Least Restrictive Environment</td>
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<td>LSH</td>
<td>Language, Speech and Hearing (specialist)</td>
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<tr>
<td>MD</td>
<td>Muscular Dystrophy</td>
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<tr>
<td>MM</td>
<td>Mild/Moderate</td>
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<tr>
<td>MR</td>
<td>Mentally Retarded</td>
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<td>NCOE</td>
<td>Nevada Co. Office of Education</td>
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<td>NPS/NPA</td>
<td>Nonpublic school/Nonpublic agency</td>
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<td>OH</td>
<td>Orthopedically Handicapped</td>
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<tr>
<td>OI</td>
<td>Orthopedically Impaired</td>
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<tr>
<td>OHI</td>
<td>Other Health Impaired</td>
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<tr>
<td>O&amp;M</td>
<td>Orientation and Mobility</td>
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<tr>
<td>OT</td>
<td>Occupational Therapy</td>
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<tr>
<td>PCOE</td>
<td>Placer Co. Office of Education</td>
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<tr>
<td>PDD</td>
<td>Pervasive Developmental Disorder</td>
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<tr>
<td>PDD/NOS</td>
<td>Pervasive Developmental Disorder, Not Otherwise Specified</td>
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<tr>
<td>PHN</td>
<td>Public Health Nurse</td>
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<td>PSP</td>
<td>Preschool Specialist Program</td>
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<td>PT</td>
<td>Physical therapy</td>
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<td>RC</td>
<td>Regional Center</td>
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<tr>
<td>RTI</td>
<td>Response to Intervention</td>
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<tr>
<td>SCOE</td>
<td>Sacramento Co. Office of Education</td>
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<tr>
<td>SDC</td>
<td>Special Day Class</td>
</tr>
<tr>
<td>SELPA</td>
<td>Special Education Local Plan Area</td>
</tr>
<tr>
<td>SH</td>
<td>Severely Handicapped</td>
</tr>
<tr>
<td>SI</td>
<td>Severely Impaired</td>
</tr>
<tr>
<td>SLD</td>
<td>Specific Learning Disability</td>
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<tr>
<td>SLI</td>
<td>Speech and Language Impairment</td>
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<tr>
<td>SLT</td>
<td>Speech / Language Therapy</td>
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<tr>
<td>SLP</td>
<td>Speech &amp; Language Pathologist</td>
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<tr>
<td>SPD</td>
<td>Sensory Processing Disorder</td>
</tr>
<tr>
<td>SSI</td>
<td>Supplemental Security Income</td>
</tr>
<tr>
<td>SST</td>
<td>Student Study Team</td>
</tr>
<tr>
<td>TBI</td>
<td>Traumatic Brain Injury</td>
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<tr>
<td>TDD</td>
<td>Telecommunications Device for the Deaf</td>
</tr>
<tr>
<td>VI</td>
<td>Visually Impaired</td>
</tr>
<tr>
<td>YCOE</td>
<td>Yolo Co. Office of Education</td>
</tr>
</tbody>
</table>
Glossary

**Advocate:** Someone who takes action to help someone else (as in "educational advocate"); also, to take action on someone's behalf.

**Advocacy Training:** Training that helps the parent to better understand the process and advocate for his/her child.

**Aphasia:** A weakening or loss of the ability to understand language (spoken or written).

**Asperger's Syndrome:** A neurological disorder in which children have normal intelligence and language skills, but have autistic-like behaviors and serious difficulty with social and communication skills. One of the disorders on the "autism spectrum".

**Assistive Technology (AT):** Any item, piece of equipment, or system used to increase, maintain, or improve function of individuals with disabilities.

**Assessment:** Observing and testing a child in order to identify the strengths and needs of that child. Assessment makes it possible to develop an appropriate educational program and to monitor progress.

**At Risk:** A term used for children who have, or could have, developmental problems that affect later learning.

**Attention Deficit Hyperactivity Disorder (ADHD):** A combination of symptoms relating to inattention and hyperactivity-impulsivity that last for at least 6 months and are not consistent with the child's developmental level.

**Audiology:** Service provided by a licensed audiologist who identifies and works with people with hearing loss.

**Auditory Processing:** The ability to understand, remember, and use information that is heard, both as words and as other verbal sounds.

**Augmentative and Alternative Communication (AAC):** Augmentative and alternative communication is the use of other means to communicate in support of, or as an alternative to, speech.

**Autism:** A disorder which severely impairs a person's ability to communicate and to interact with other people and usually occurs before the age of three. Autism is usually referred to as a *spectrum disorder* (ASD) - that is, a disorder in which symptoms can occur in any combination and with varying degrees of severity.

**Behavior Assessment – see Functional Behavior Assessment.**
**Cerebral Palsy:** A range of neuromuscular disorders caused by injury to an infant’s brain sustained during late pregnancy, birth, or trauma during the first two years of life. Children with cerebral palsy may have difficulty walking, speaking or swallowing.

**Cognition; Cognitive Skills:** Thinking skills; sometimes referred to as pre-academic or problem-solving skills in preschoolers.

**Communicatively Handicapped (CH):** Term used to describe children whose major disability is in the area of speech and language.

**Deaf-Blind:** A disability in which children have impairment of both vision and hearing that affects their ability to learn.

**Developmental:** Having to do with the stages of growth and development before the age of eighteen.

**Developmental Specialist:** Someone who tests a child to measure how his/her development compares to other children of the same age.

**Developmentally Delayed:** Describes a child who is not able to perform the skills that other children of the same age can perform.

**Down Syndrome:** A chromosomal disorder that results in mild to severe developmental delays and physical symptoms.

**Emotionally Disturbed (ED):** A term used to describe children who have behavior problems significantly interfering with learning or from getting along with other people; the behavior must occur for a long period of time.

**Early Intervention Services:** Services designed to identify and reduce the impact of a developmental problem as early as possible.

**Early Start:** California’s program to help families whose infants or toddlers have, disabilities or developmental delays.

**Evaluation:** The collection of information about a student’s learning needs, strengths, and interests.

**Expressive Language:** Ability to produce language for communicating with other people.

**Family Resource Center (FRC):** An organization of parents who are dedicated to serving families whose children have disabilities. This is done through parent-to-parent support, advocacy training, information and resources. The FRC for Sacramento, Yolo, Placer, El Dorado, Nevada and Alpine Counties is WarmLine Family Resource Center.
**Fine Motor Skills**: Skills needing the use of hands or the use of small muscle groups.

**Functional Behavior Assessment**: “Behavior assessment” usually performed by a behavioral specialist or psychologist, it identifies problem behavior and provides interventions to teach acceptable alternative to the behavior.

**Gross Motor Skills**: Skills needing the use of large muscle groups.

**IQ**: Intelligence Quotient: The score obtained on a test of mental ability.

**Head Start**: Pre-school program for qualifying children ages 3 to 4 years. Head Start provides health, nutritional, educational, social and other services. Ten percent of children served must be children with disabilities. (Early Head Start provides services to children less than 3 years old.)

**Hearing Impaired (HI)**: A term used to describe children whose major disability is in the area of hearing and understanding speech.

**Individuals with Disabilities Education Act (I.D.E.A)**: The Federal Law that guarantees children with disabilities will receive a Free and Appropriate Public Education (FAPE) in the Least Restrictive Environment. This may be accomplished in a special education and/or regular education setting.

**Inclusion**: Children with and without disabilities participating together in an educational setting. Students with disabilities are placed in typical classrooms taught by regular education teachers. Help from special education teachers and/or special instruction and services can offer additional support in such a setting.

**Individualized Education Program (IEP)**: A written plan for children ages 3 to 22 years which states a child's present level of educational performance, sets annual goals and short-term objectives, and identifies appropriate services needed to meet those goals.

**Individualized Family Service Plan (IFSP)**: A written plan for families and children aged birth to three years which includes a statement of the family's priorities and resources and a statement of the child's present levels of development with outcomes and services to be provided.

**Individualized Program Plan (IPP)**: A written, person-centered plan for persons after age 3 prepared by Regional Center and parents which includes the child's and family's desires, information about the child, and a plan for delivering services.

**Integration**: Children with and without disabilities participating in community activities together.

**Language Delay**: A lag or delay in the development of a child's ability to speak or understand language.
**Lanterman Act:** The Lanterman Developmental Disabilities Services Act (Lanterman Act) is that part of California law that sets out the rights and responsibilities of persons with developmental disabilities, and creates the agencies, including regional centers, responsible for planning and coordinating services and supports for persons with developmental disabilities and their families.

**Learning Disability/Learning Handicap (LD/LH):** A disability in which children have problems using language, remembering, concentrating, following instructions, reading, calculating or learning through listening or looking.

**Low Incidence:** Hearing impairment, visual impairment, severe orthopedic impairment, or a combination of the three.

**Mentally Retarded:** Describes a person who is not able to perform the skills that other people of the same age can perform. Used in the Regional Center system, education and medicine but can be regarded as offensive to some people—particularly parents who prefer the term “Developmentally Delayed” or “Cognitively Delayed”.

**Multi-handicapped (MH):** When a child has two or more disabilities.

**Natural Environment:** A place where infants and toddlers without disabilities and their families might typically be found. Early Intervention services are required to be provided in a natural environment as much as possible.

**Occupational Therapy (OT):** A service provided by a licensed occupational therapist who assists children with fine motor activities and everyday tasks like eating, dressing and hand use.

**Orientation and Mobility (O&M):** A service provided by an orientation and mobility specialist who teaches children with visual impairments how to know their position in space and how to move safely from place to place.

**Orthopedically Impaired (OI):** A disability in which children have difficulty getting around without adaptive equipment, e.g., wheelchair, braces, etc.

**Pervasive Developmental Disorder (PDD):** A term used to describe a group of disorders in which there are delays in development of social and communication skills. Autism is the best understood PDD. Other types of PDD include Asperger’s syndrome, childhood disintegrative disorder, Rett’s syndrome, and PDDNOS (not otherwise specified). Children with PDD vary widely in abilities, intelligence and behaviors.

**Physical Therapy (PT):** A service provided by a licensed physical therapist who assists children with gross motor activities such as rolling, sitting, and walking.

**Preschool:** Refers to classrooms that serve children three to five years of age.
**Receptive Language:** Recognition and/or understanding of what is heard.

**Reverse Mainstreaming:** Children without disabilities going to the special education classroom to play and learn with children with disabilities.

**Self-Help Skills:** A term relating to skills such as feeding, dressing, and toileting.

**Sensory Integration (or Processing) Therapy:** Usually provided by a specially trained occupational therapist, SI therapy does not attempt to develop specific skills, but rather provides the sensory and motor activities which help the overall functioning of the nervous system and helps the child to cope with the sensory input from the environment.

**Sensory Processing Disorder:** A condition that exists when sensory signals don’t get organized into appropriate responses. Treated with Sensory Integration (or Processing) Therapy.

**Special Day Class (SDC):** A classroom set aside for children who would benefit from specialized services for over half of the school day; the children receive most of their teaching from a special education teacher.

**Speech/Language Therapy:** Services provided by a remedial language and speech therapist or speech pathologist who helps children learn to communicate.

**Transition:** A time in a person’s life when he or she moves from one education program to another.

**Visual Impairment (VI):** A disability in which children have a vision loss that affects their ability to learn.
**Frequently Called Numbers**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone/Fax Number</th>
<th>Email/Web Site</th>
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WarmLine Family Resource Center

Sacramento:
2025 Hurley Way, Suite 100
Sacramento, CA  95825
916-922-9276/800-660-7995
Fax: 916-922-9341
www.warmlinefrc.org
email: warmline@warmlinefrc.org

Placer County:
6960 Destiny Dr., Suite 106
Rocklin, CA  95677
916-632-2100
Fax: 916-632-2103
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email: placerwl@warmlinefrc.org

Yolo County:
907 3rd St.
Davis, CA  95616
530-759-1127
www.warmlinefrc.org
email: yolowl@warmlinefrc.org

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