Dear families,

Welcome to this Thanksgiving and final edition of WarmLine Connections for 2021 as our newsletter transitions to a bi-monthly release. This month, we are excited to share some of our staff favorite holiday recipes, traditions, and craft ideas!

We are also pleased to highlight our new service navigation program, Mind the Gap, for families residing in Sacramento and Yolo counties. Check it out below along with our calendar of events for November and December. Be sure to look out for our holiday Stocking Stuffer Drive-Thru event on December 11!

Happy Thanksgiving holidays from all of us at WarmLine!

Pam Chueh

Inside this Edition:
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Infant/Child CPR
Tuesday, Nov. 9, 2021 6:00 – 8:00 PM
CPR training ensures you’re prepared in case an unfortunate emergency occurs. In this training, you’ll learn the step-by-step processes required to assess and perform CPR on infants (ages 0–1 years) and children (ages 1 to preteen). This event is for parents of children ages 0–3 with a Developmental Delay or Disability.
** Note: Participants do not earn a certificate.

Parent Workshop – "Understanding Special Education & Your IEP"
Tuesday, Nov. 16, 2021 6:00 – 8:30 PM
Join us for an overview of the special education and IEP process. Learn contents of the IEP along with tips for preparing for your child’s special education meeting. Get your questions answered and engage with your IEP team with confidence.

December Events

Parent Support Group
Thurs, Dec. 2, 2021 4:00 – 5:30 PM
Please join WarmLine parent and Social Worker, Jamie Sani-Flores, virtually to chat with other parents, offer support and understanding to each other. This is a monthly parent group, with a new topic each session. There’s no commitment to attend each session, but here you will find a warm, safe fellowship of parents and families who are on the same journey.

**Parent Workshop – "Turning 3 Years Old"**  
**Tues, Dec. 7, 2021 6:00 - 8:30 PM**

Parents of children with developmental delays who are turning 3 years old have questions and about upcoming changes in services. WarmLine has created this training just for YOU! Please join us to talk about special education services in preschool and more.

**Holiday Movie Village**  
**Sat, Dec. 11, 2021 10:30 AM – 12:30 PM**

Please join WarmLine for a socially distanced Stocking Stuffer event! Stay inside your warm car and listen to holiday music while you drive through the "Holiday Movie Village" at the WarmLine office. Santa's helpers will be ready to greet you to fill your stocking at multiple "Trunk Stops" with treats, craft kits and more! Cars will be decorated in holiday movie themes with Santa ready to collect your "Letters to Santal!" Don’t miss this fun event!

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¡Únase a WarmLine para un evento para llenar su botita navideña (Aguinaldo) con el distanciamiento Social necesario! Disfrute desde la comodidad de su automóvil y escuche canciones de Navidad (Villancicos) mientras conduce por "Holiday Movie Village" en la oficina de WarmLine. ¡Los ayudantes de Papá Noel estarán listos para recibirlo para llenar su bota navideña en múltiples "Paradas" con golosinas, kits de manualidades y más! Los autos estarán decorados con temas de películas navideñas con Papá Noel listo para recolectar tus "Cartas a Papá Noel". ¡No te pierdas este divertido evento!

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**Register Today**

WarmLine staff had a blast at the MIND Institute’s Halloween Trunk or Treat event! A busy spooky night handing out treats to many pirates, princesses, and monsters!
Mind the Gap program to families in Sacramento & Yolo Counties.

Watch this video & visit our website to learn more! www.warmlinefrc.org/mindthegap

Ideas for the Holidays

WarmLine Staff Favorites

Pumpkin Dinner Rolls
- beyondkimchee.com Pumpkin Dinner Rolls
  These rolls look just like tiny pumpkins. They are perfect for your Thanksgiving feast!

Pumpkin Roll
- Libby's Pumpkin Roll English
- en Espanol
  Each Thanksgiving I make pumpkin pies and two of these pumpkin rolls – one to have on Thanksgiving and one to put in the freezer for later. So yummy, especially with the cream cheese frosting!!

Thanksgiving Cake Pops
- Good Hoouskeeping’s Thanksgiving Cake Pops
  Warning: these are too cute and a great way to use up candy corn!

Holiday Sensory Activities – Make your own snow!
- bctob.com’s Holiday Sensory Activities
  As the holidays and school break approach, it’s a great time to create some in-home activities with the family.
  - Paper Build Your Own Pie
    Have your child “get their chef hat out” while making their own version of what the “perfect pie” should hold.
  - Leaf Suncatcher Craft
    Fall is the perfect time to brighten up your windows with some beautiful suncatchers.

WarmLine staff share their Family Traditions

My family tradition involves baking cookies, lots of cookies. We also make an annual trip to Apple Hill and bake fruit pies for Thanksgiving, but we really like the cookies!

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My family tradition involves cooking, baking :) visiting with family. Day after Thanksgiving we decorate for Christmas. My kids look forward to it every year.

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Thanksgiving meal with my extended family: American style roasted turkey and an array of homemade Chinese food as sides!

Help WarmLine help families in your community

Your tax-deductible donation allows us
Thank you for your support! We are grateful to continue providing families with phone consultations, parent support groups, trainings, and fun activities for the kids. No donation is too small. Thank you for making a difference for WarmLine families!

En Español

Donate to WarmLine

Movement to De-Stress

This new video will help you and your family relax after a long day of cooking and family time!

Follow us on social media for resources & updates for you and your family

WarmLine Family Resource Center

FOLLOW US