



# NETWORKER

Serving Families and Professionals Involved with Children with Special Needs"

## WarmLine Family Resource Center

\*2035 Hurley Way #250 \* Sacramento, CA, 95825 \* 916-922-9276 \* 800-660-7995 \*

\*420 Folsom Rd., Suite D, Roseville, CA, 95678 \* 916-782-7147 \*

www.warmlinefrc.org / email: warmline@warmlinefrc.org or placeryl@warmlinefrc.org

Serving Sacramento, Placer, Nevada, Yolo, El Dorado, and Alpine Counties

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The WarmLine Networker Newsletter

Winter 2004-2005

### WarmLine is Moving...!

We're pleased to announce that **WarmLine in Sacramento** has moved as of **February 1st!** The **new office at 2035 Hurley Way #250** is only down the block and across the street from our old office, but what a difference in size! We have a larger library with comfortable seating, more room for workshops and meetings, and some room to provide care for the little ones during those workshops and meetings! Our phone numbers ((916) 922-9276, (800) 660-7995) and website ([www.warmlinefrc.org](http://www.warmlinefrc.org)) remain the same. Our hours remain 9-4 Monday through Friday, with some evening and weekend activities.

We are also pleased to have an exciting new "roommate" - **Supported Life Institute (SLI)**. SLI provides training for people with developmental disabilities, family members, service providers and community members on topics such as inclusion, assistive technology, and self-advocacy. SLI also organizes the annual statewide Supported Life and Self-Advocacy Conferences which are held in Sacramento and focus on the creation of fully inclusive communities.

We are planning an open house on **Friday, April 1 from 2 pm-7 pm**. We look forward to seeing families with children and professionals in our new "home"!

In the mean time, please drop in and see us anytime. ♥

### And Growing...: A New Office in Roseville!

But that's not all! WarmLine has a *brand new office in Roseville!* It is located at **420 Folsom Rd., Suite D, near Roseville Square shopping Center**. The phone number is **(916) 782-7147**. The new office is warm and cozy and the perfect place for many groups and families to visit. Thanks to a generous grant from the Placer County First 5, we are able to serve more families throughout Placer County than ever before who have children with special needs

from birth through 5. Our Roseville staff includes Anne-Marie Arrow, who has been our Placer County Community Resource Parent for two years, and the mother of four. Anne Marie invites you for coffee, scrap booking and sharing! Our other new staff additions include

Laurie Newton who is the energetic mother of two, and Alison Burt also, the dedicated mother of three and who is an experienced child care provider. All will

be working from the Roseville office to provide support and information for parents and professionals, and assist with training on Early Start and special education. Please call them at 916-782-7147, drop in, or e-mail [placeryl@warmlinefrc.org](mailto:placeryl@warmlinefrc.org) for information on upcoming meetings and workshops.

Families are invited to bring children and professionals are encouraged to come to meet the new staff and see what resources are available. ♥



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**INSIDE THIS NETWORKER:** Including Young Children with Special Needs in Community Childcare...  
A Family Advisory Committee Forms at Sutter Medical Center..... WarmLine Parents and News in Yolo County...  
Planning to Provide More Quality Assistive Technology Support and Services...A Very Special Concert...and more!  
The 2nd Annual WarmLine Golf Tournament is Friday, April 29, 2005 at Whitney Oaks Golf Club in Rocklin!!!

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Dear Parents, Grandparents, Brothers & Sisters,  
Teachers, Therapists, Nurses, Physicians &  
Many Valuable Friends,

For those of you joining us for the first time...the WarmLine Family Resource Center is a place for families to turn when they discover that their child has a special need or disability. We are parents who have "been there..." and our goal is to provide a link to whatever you may need on your journey- including parent to parent support and other important services.

Families and professionals are encouraged to contact the WarmLine for assistance. For those outside the Sacramento area, we have a toll free phone number, or you can access our services at [www.warmlinefrc.org](http://www.warmlinefrc.org) or email us at [warmline@warmlinefrc.org](mailto:warmline@warmlinefrc.org). We offer a full spectrum of information, referral and support in our six county area. We also have many other resources including books, videos, articles, workshops and opportunities for families and professionals to share and learn with each other regarding a wide variety of conditions, educational options and support. WarmLine Family Resource Center...A community of families, friends and professionals working together for each other and for our children.

*Lori, Diane and Solveig in Yolo County; Anne-Marie, Laurie, and Alison in Placer County; Laurie in Nevada County; Nancy in South Lake Tahoe; Laura, Cid, Tracey, Jean, and Al in Sacramento County*

News from Yolo County



WarmLine has grown in Yolo County! We now have *three* parents of children with special needs who have had a variety of experiences working with families and who are there to help other parents.

Lori Custodio, Yolo County's Community Resource Parent has been reaching out to help other parents for more than 4 years. She facilitates a monthly parent support group for parents of children with special needs and is working on starting a support group for parents in West Sacramento who speak only Spanish. You can reach Lori through the WarmLine at 916-922-9276.

Diane Casey is our WarmLine representative to the Yolo County Child Care Collaborative. Based in Davis at the Child Care Services office, but reaching out to all of Yolo County, Diane works with parents of children with special needs to provide support and information, particularly about child care issues. She also works with child care providers to increase awareness of special needs and to help promote inclusion in child care. Diane can be reached at 530-757-5695, ext. 7358 or email at [dcasey@ci.davis.ca.us](mailto:dcasey@ci.davis.ca.us)

WarmLine Family Resource Center

Solveig Seland - Toft is our bilingual (Spanish - speaking) WarmLine Family Resource Specialist in Yolo County. Solveig is housed at the Yolo Family Resource Center at 409 Lincoln Ave. in Woodland (530-406-7221 or email [Solveig@yolofrc.org](mailto:Solveig@yolofrc.org)), but also serves all of Yolo County. She works with parents of children with special needs to educate and develop the varied parenting skills needed to assist their children. ♥

Child Care and the ADA

Davis Child Care Services & Referral will offer a free workshop on the Americans with Disabilities Act and how it applies to child care providers on Saturday, **March 12 from 10:00—12:00** in the County Conference Room at 600 A Street in Davis.



Find out:

- ☆What is the ADA?
- ☆What does the ADA require of child care providers?
- ☆Can you reject a child who needs individualized care?
- ☆Can you charge more for a child with special needs?

RSVP with Diane or Ing at 530-757-5695/  
800-723-3001. ♥

“Reach for the SKIES - Special Kids In Child Care Settings”

On **Saturday, April 9**, the Davis Child Care Services & Referral will sponsor “Reach for the SKIES” at the Yolo County Office of Education in Woodland. The workshop will be presented by Maggie Bame, who has worked with children with special needs in many capacities.

The SKIES Project was developed to help increase capacity of child care providers to serve children with disabilities. The workshop is open to child care providers *and parents of children with special needs* and will cover:

- Strategies for working with children who have difficult and/or challenging behaviors,
- Learning about sensory motor, gross motor and fine motor delays,
- An overview of communication disorders, including autism,
- “Open ended play” materials that promote the inclusion of children with disabilities,

This workshop is free and preregistration is recommended. Please call Diane at 530-757-5695 ext. 7358 to register or for more information. ♥

*“Families are a place to go where one will always feel at home.”*

## Including Young Children with Special Needs in Community Childcare

By Jean Bury, Family Inclusion Specialist

I remember all too well how things changed when my son was born prematurely ten years ago. Everything in our lives, from everyday things to bigger issues and dreams, was turned upside down. As a parent of a young child with special needs, you are probably feeling like I did.



One of the hard things for me was thinking about returning to work. It's hard for parents of typically developing kids make the decision- for the parent of a child with special needs, it is often even harder.

Like I once did, many parents may assume that their child can not be in child care with other children. It's become my belief that all families should have the same choices about child care whether or not their child has special needs.

You may have heard the term "inclusion" before. If you are like me, you may have thought that it is a word that is only used only for children in school. I certainly didn't think about inclusion as it applies to child care.

The term inclusion means, in a nutshell, *belonging*. Inclusion means that children with special needs should have the same experiences and opportunities as typically developing children. Every child deserves to feel that he or she truly belongs!

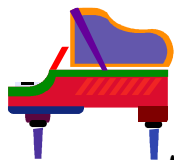
To make inclusion work for your child, you will need to learn new skills. You will need to know what your responsibilities are as well as what your rights are. You will need to learn to be an advocate for your child as well as a true partner with your new child care center or home.

WarmLine wants to help make inclusion work for the families that choose it and will soon be offering workshops on choosing and maintaining a quality child care setting for your young one with special needs.

If you are interested in learning more about inclusive child care, please call the WarmLine Family Resource Center at 916-922-9276/800-660-7995. ♥

### "Unlimited Possibilities" Concert

The Supported Life Institute presents "Unlimited Possibilities" - a benefit concert with Tony DeBlois on **Sunday, April 17**. Mr. DeBlois is a concert pianist and vocalist and is a graduate of the Berklee School of Music in Boston. His musical repertoire ranges from classical to show tunes to contemporary. Mr. DeBlois is also a person who is blind and has autism. His remarkable life story has been featured on the CBS



Morning Show and has been the subject of a made-for-TV movie.

Date: Sunday, April 17, 2005

Time: 2:30 to 5:00 pm

Location: Double Tree Hotel

2001 Point West Way, Sacramento

Tickets: \$40.00 general admission

\$25.00 for people with disabilities

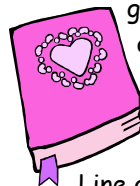
Concert to benefit the Supported Life Institute (SLI), a Sacramento-based non-profit agency advocating for people with developmental disabilities to be fully included as valued members of the community. For more information, contact SLI at 916-567-1974 or visit their website at [www.supportedlife.org](http://www.supportedlife.org) ♥

### Family Advisory Committee

Sutter Medical Center, Sacramento has started a family advisory committee that will work with the staff at Sutter Memorial Hospital to mold and implement family centered care practices there for pediatric patients. The committee is made up of parents whose children have at any time been hospitalized and/or who have had numerous out-patient medical appointments. If you would like more information or would like to be on the committee, please call Cid at 916-922-9276 or email [cid@warmlinefrc.org](mailto:cid@warmlinefrc.org). ♥

### "Scrappin" Corner

Join us for new friendships and the chance to get your pictures out of boxes and into an album that will last a lifetime! **Wednesday February 16 and March 16 from 10:30 to 12:00 and Wednesday February 23 and March 23 from 6:30-8:30** at the WarmLine office at 2035 Hurley Way #250. Become your family historian and start getting those picture into an album! Call the WarmLine at 916-922-9276 or Tracey at 916-995-6812. ♥



### Respite Payments

The Alta California Regional Center. has changed the form that you must submit in order to bill for parent vendored respite. Not having the proper form may delay your payment for respite services. You can print the "Respite Billing Form" from the website at [www.altaregional.org](http://www.altaregional.org) or call your service provider at 916-978-6400. ♥

*"Those who bring sunshine to the lives of others cannot keep it from themselves."*

## Support Groups

### Alpine

**(Family) Alpine Kids:** Fun, recreational. Call Edie @ 530-694-2934.

**(Women) Alpine Public Health Dept. Maternal Child Health Prog.:** Outreach & education for women of childbearing age. Call 530-964-2146 or 800-292-2156.

### El Dorado

**(ADD/ADHD) C.H.A.D.D.** Call Michelle @ 530-672-2024

**(Postpartum Depression) Postpartum Adjustment to Living:** For mothers suffering from postpartum depression. WEE C.A.R.E., Placerville. Call 530-626-5164

**(Special Education) Advocacy:** Parents/guardians of students with special needs. 1st Thurs. of mo. @ 6:30. email: ourorhskids@yahoo.com for more information.

**(Special Education) Community Advisory Committee:** Monthly, 4-5 pm during the school year at the El Dorado Co. Office of Ed., 6767 Grn. Vly Rd., Room B2, Placerville. Call 530-622-7130 ext. 236.

**(Special Needs) El Dorado Cares:** Support / resource network for families w/ children w/ special needs in El Dorado Co.. Call Lisa @ 916-801-4184

**(Special Needs) Fathers w/ children receiving special ed./504 services.** 3rd Thursday in Placerville @ 6:30. 530-621-3096

**(Special Needs) LEAD (Learning & education about disabilities):** For students with ADHD, learning disabilities & other special needs. 1st Thurs. of mo. @ 6:30. email: ourorhskids@yahoo.com

**(Special Needs) Learning Disabilities/ADHD:** Assists in learning about and understanding those w/ special needs. email: ourorhskids@yahoo.com

### Nevada

**(Autism):** Monthly. Call Laurie @ 530-613-6556

**(Autism) & Asperger's Syndrome:** Monthly. Call Laurie @ 530-265-4154 or Amy @ 530-470-0980.

**(Children's) Collaborative of Tahoe-Truckee:** 1st Thurs. of mo. @ 9:30 am. Call 530-587-8322.

**(Down Syndrome):** 1st Mon. of mo., 3-5 pm @ 10875 Sunrise Hts, Grass Vly. Call Wendy @ 530-272-1009.

**(Heart) Children's Heart Fund Family Network:** Families of children with heart defects. Call Karen @ 530-273-7084 or Jana @ 916-390-3730

**(Special Needs) :** Families of children w/ special needs. @ Sierra Nevada Children's Ctr. Call Laurie @ 530-613-6556.

**(Special Needs) FREED:** Resources for people w/ disabilities in Grass Vly. Call 530-272-1732.

### Placer

**(Autism) Families affected by autism.** Monthly. WarmLine @ 916-782-7147

**(Autism) Spectrum Kids:** Families of children K-8 in Roseville City School District. 2nd Thurs. of mo., 6:30-8:30 @ Spanger Elem. School, 699 Shasta St.. Call Tasha @ 784-3859.

**(Bipolar/Mood Disorder):** Parents of children w/ bipolar/mood disorder. Call Tricia @ 916-774-9414.

**(Christian) :** Call Laurie @ 916-721-1743.

**(Down Syndrome) 1st Fri. of mo., 7 pm.** Call Kathy @ 530-885-0429.

**(Grandparents): "Grand-Kin Connection"** 1st & 3rd Thurs. of mo., 6:30-8:30 pm. Call Susan @ 916-797-1127.

**(Heart) Children's Heart Fund Family Network:** Families of children with heart defects. Every other month. Call Jana @ 916-390-3730

**(Special Needs) Placer Floor Time Group:** 3rd Thurs. of mo., 7-9 pm. Call Richanne @ 530-823-2312.

**(Special Needs) Special Kids/Special Families:** Families of children w/ special needs. Call Melyssa @ 530-320-9592 or mon-keymama@foothill.net.

**(Special Needs) Children w/ special needs.** Warmline @ 916-782-7147

### Sacramento

**(ADD/ADHD) C.H.A.D.D.:** Parents, adolescents, adults, educators dealing w/ ADD/ADHD, 1st Tues. of mo., 7-9 pm. Call 916-552-1557. (www.chaddnorcal.org).

**(Adoption/Special Needs) Meets monthly.** 916-941-0722 or pears4@pacbell.net

**(Asthma) Learn about asthma and how to control it.** Monthly 5:30-8:00 pm. Call 916-733-1782 or callasc@sutterhealth.org

**(Asperger's Syndrome) 2nd Tues. of mo. 7-9 pm @ UC Davis MIND Inst., 2825 50th St.** Call Lynne @ 916-682-1740 or email LWeissmann@aol.com or Sue @ 530-666-0246 or email slowens@yolo.com

**(Autism) Autistic Spectrum Disorder (Elk Grove):** Call Connie @ 916-683-5652.

**(Autism) FEAT (Families for Early Autism Treatment):** 3rd Wed. of mo., 7 pm @ UCD Medical Center. Call Karlin @ 916-744-1040, Mabel @ 916-726-8883 or Kathleen @ 916-979-9700. (www.feat.org).

**(Burn) Recovery** 3rd Wed. of mo. @ Shriners Hospital, 2425 Stockton Blvd. Call 916-453-2098.

**(Cystic Fibrosis) quarterly at UCD Medical Center.** Call 916-734-3189.

**(Deaf-Blind) COPE D-B (Coalition of Parents/Educators Deaf-Blind):** Anyone close to people w/ both vision & hearing impairments. 800-822-7884 .

**(Deaf-Blind) Parent Contact:** Sandra Sutor @ 916-423-2256 or sandrasutor@comcast.net

**(Deaf/Hearing Loss): "Parent Links".** Families of infants (0-3 yrs) who are deaf or have hearing loss. 877-322-7299

**(Down Syndrome) 3rd Tues. of mo., 7-9 pm.** Call Heather @ 284-5308.

**(Epilepsy) Epilepsy Foundation of No. Ca.;** 3rd Tues. of mo., 7-9 pm @ Sutter Gen'l Hosp., 28th & L St. Call Stacey @ 916-225-5071

**(Fragile X) No. Ca. Fragile X Assn:** Monthly meetings alternate between Sacramento and the Bay area. 800-688-8765 for details.

**(Grandparents)** Grandparents raising grandchildren. Every Wed., 12:00-1:30. Lunch and childcare provided. Call Pearl @ 916-392-6466

**(Grandparents)** Grandparents raising grandchildren. 1st. Monday of mo., 9:00-12:00 pm. Call Alma @ 916-263-0540

**(Grief)** Sharing Parents: For those whose babies have died from conception through early infancy. 424-5150

**(Head Trauma)** Information, education & support to families whose members have any type of brain injury. 916-485-6711.

**(Heart)** Children's Heart Fund Family Network: Families of children with heart defects. Every other month. Call Jana @ 916-390-3730.

**(Hydrocephalus)** Call Karen @ 530-759-6249.

**(Klinefelter Syndrome)** 916-773-2999.

**(Learning Disabilities)** Assn.: Information & support groups. 800-203-7542.

**(Learning Disabilities)** Families of those with non-verbal learning disabilities. Call Sandy @ 916-492-7240.

**(Men)** Trailblazers Fathers' Forum: Last Tues. of mo., 7-9 pm @ Borders Books, 2030 Douglas Blvd., Roseville. 916-922-9276 / 800-660-7995.

**(Mental Health)** Nat'l Alliance for the Mentally Ill (NAMI): Families experiencing mental illness. 916-874-9416.

**(Mental Health)**—Families/ Children involved with the Sac. Co. Mental Health System. Call 875-4182

**(NICU)** Special Care Parents (SCP): Families w/ infants who have been admitted to an intensive care nursery (NICU). 916-658-8588.

**(NICU)** Families w/ infants in UCD's NICU. Every Mon. @ 4:00 pm. Call Roberta or Jeanette @ 734-2660

**(Prader-Willi)** Call Molly @ 916-682-6119.

**(Pregnancy)** Pre-Natal Decision: Parents facing difficult decisions. Call Annette @ 916-991-7760.

**(Scoliosis)** Foundation: 2nd Sat. of mo., 1-3 pm @ Sutter Cancer Ctr, 2800 L St., Rm #1. 916-684-6382.

**(Sensory Integration)** Grp for children 5 & under. Tues. 9-11. Call Kara at 916-332-6101

**(Spanish)** Apoyo de Padres Para Padres del Area del Norte: All Spanish speaking grp. Call Soraya @ 916-332-4718

**(Spanish)** Apoyo de Padres Para Padres: All Spanish speaking grp. - last Wed. of mo., 7 pm. Call Ivonne @ 916-685-1649.

**(Spanish)** Padres Apoyando Padres: All Spanish speaking grp. In Galt, 3<sup>rd</sup> Wed. of mo. 7-9 pm. Call Cande @ 209-745-2743

**(Special Education)** Elk Grove Sch. Dist. Community Advisory Committee (CAC): 2nd Tues. of mo., 7 pm @ District Office, 9510 Elk Grove-Florin Rd., Elk Grove. 916-686-7780.

**(Special Education)** Sac. City Unified Sch. Dist. Community Advisory Council (CAC): A committee of parents and educators. Meets monthly. 916-643-2111.

**(Special Education)** Sac. Co. Selpa Community Advisory Council (CAC): A committee of parents and educators. 916-228-2446.

**(Special Needs)** Communicative Handicapped: Parents/guardians of children w/ special needs in the San Juan School District. 2nd Mon. of mo., 6:30 pm @ Raley's Event Ctr, 8870 Madison Ave., Call Charlie @ 916-966-9075 or Sharon @ 916-989-0112.

**(Spina Bifida)** Assn. of Sac. Vly: Call 916-492-7914.

**(Trisomy)** S.O.F.T. (Support Org. for Trisomy 13, 18 & Related Disorders): 800-716-7638.

**(Velo-Cardio-Facial Syndrome)** 916-624-1711 or vcfsparent@aol.com

**(Women)** D'Vine Connection—Ladies' Night Out: (Faith based) Women affected by disabilities. 2nd Mon. of mo., 7-9 pm @ 1st Covenant Church, Rm. 202, 10933 Progress Ct., Rancho Cordova, 916-482-4574.

**(Women)** Our Time Out: Women involved in the lives of children w/ special needs. Sacramento grp. 3rd Thurs. of mo., 7 pm @ Baker's Square, Fair Oaks & Howe. Folsom grp. 2nd Wed. of mo. @ Mimi's Café, 2719 E. Bidwell St., Folsom. 916-989-9710.

## Yolo

**(ADD/ADHD)** C.H.A.D.D. Parents of children w/ ADD/ADHD. 3rd Thurs. of mo., 530-750-3929.

**(Asperger's Syndrome)** 4th Wed. of mo. @ 7 pm @ Alt. Recreation Bldg., 1111 Anderson Rd., Davis. Contact Robin @ rdd1122@aol.com

**(Grandparents)** Grandparents Raising Grandchildren. 2nd Tues. of mo., 7 pm @ Davis Sr. Ctr. Genealogy Library, 646 A St., Davis. Call 530-757-5696.

**(Heart)** Children's Heart Fund Family Network: Families of children with heart defects. Every other month. Call Jana @ 916-390-3730.

**(Learning Disabilities)** Learning Differences Parent Network: 3rd Wed. of mo. (Oct.-May), 7:30-8:30 pm @ Davis High School, Humanities 30. Call Courtenay @ 530-758-6162.

**(Mental Illness)** Parents & caregivers of transition—age youth (16-25) with psychiatric disabilities. 4th Tues. of mo., 6:30-8:00pm, 600 A St., Davis. Call Joan @ 530-666-8632 ext. 9183.

**(Mental Illness)** Parents & caregivers of emotionally disturbed children. In Woodland, West Sacramento & Davis. Call Joan @ 530-666-8632 ext. 9183.

**(Siblings)** Children w/ siblings w/ special needs. Call Jan @ 916-371-9561.

**(Spanish)** "Latin Fathers' Support Grp". Tues., 6-8 pm @ Yolo Family Resource Ctr., 409 Lincoln Ave., Woodland. Call 530-406-7221. Childcare provided.

**(Special Education)** SEAC (Special Education Advisory Committee): 1st Wed. of mo., 7:30 pm @ Yolo Co. Office of Ed., 1240 Harter Ave., Woodland. 530-668-3786

**(Special Education)** Woodland Special Education Links: Parents of children in K-12 special ed. in Woodland Joint Unified Sch. Dist. @ 626 Cottonwood St., Woodland. Call Sue @ 530-666-0246

**(Special Needs)** Parent support group. 3rd Fri. of mo. @ 10:00 am. Call Bryte Elementary School 1st Steps Program @ 916-371-9561.

**(Special Needs)** Families of children w/ special needs. Every Mon. @ 6-7 pm @ Yolo Family Resource Ctr., 409 Lincoln Ave., Woodland. Call 530-406-7221. Childcare provided.

**(Twins)** Parents of twins. Call Christine @ 530-757-2728 or Jeanine Hill @ 530-756-9698.

## Assistive Technology News



- \* Does your child need adapted toys or other equipment in order to play or to get adequate physical exercise?
- \* Does your child need an alternative way to communicate, or to learn to use a computer?
- \* Do you know where to go for an assistive technology assessment?

\* Do you know where to find out more about assistive technology?

\* How might assistive technology benefit your child?

*We want to know!*

Assistive technology can be any item or system "used to increase, maintain or improve the functional capabilities of individuals with disabilities."

The Supported Life Institute has received funding from The California Endowment to develop a plan to address assistive technology needs...of individuals with disabilities in Sacramento and outlying areas. In order to develop our plan, we want to find out what kind of needs our communities have for assistive technology services and equipment.

We will be holding FIVE Focus Group sessions in the next few months in order to hear from you. We will also be sending out surveys to key organizations and agencies in our area. If you would like further information on these exciting opportunities to participate, please contact Supported Life Institute at 916-567-1974 or

[sli@supportedlife.org](mailto:sli@supportedlife.org)

Plan to attend our first Focus Group on **Saturday, March 5 from 10 am-12 pm** at Supported Life Institute, 2035 Hurley Way, Suite 250, Sacramento. RSVP at 916-567-1974.

There will be additional sessions held in surrounding areas in the coming weeks. Contact Supported Life Institute for more information, and check the WarmLine website for future information about this exciting project. ♥

## Parent Participation 101....



As parents and family members, you have valuable experience and insight that is important. California's Early Start for Infants and Toddlers with Disabilities and Their Families has a state Interagency Coordinating Council (ICC) that meets four times a year in Sacramento. The ICC is made up of representatives from all the CA State agencies and partners that work together to provide essential services and support for children and families.

Many are parents like you who want to learn more about Early Start, and participate. The ICC will meet **Feb. 24-25, May 19-20, Sept. 22-23, and Nov. 17-18 in 2005**. If you want to help keep Early Start strong and well, call WarmLine and get involved with the ICC. ♥

## Family Voices....Health Summit & Legislative Day

**March 16 & 17 in Sacramento**

As a member of the California Chapter of Family Voices, WarmLine partners with other FRC's in California and across the nation to assist families who have children with special health care needs - to access information and health care services, and to inform and educate families, health care providers, and California and U.S. policy makers about the issues that affect children and families - like the proposed changes to Medi-Cal. Please join us as we work to ensure that *your* Family Voices are heard! Call WarmLine for info.

**Attend the Health Summit** to learn about the legislative process and current issues that affect *your* families. Visit and talk to your legislators at the Capitol with WarmLine from **9am to 1pm on Legislative Day**. Family Voices will provide some training and assist you in contacting your representatives in Sacramento and in your community. ♥



## En Español

¡Nos Estamos Moviendo!

La oficina central del Centro de Recurso Familiar WarmLine se moverá a partir del 1 de febrero del 2005, La nueva oficina le ofrecerá a las familias una librería mucho más amplia y "amigablemente familiar" que incluye un lugar mucho más cómodo para relajarse mientras goza de los recursos que tenemos disponibles para ustedes. La nueva oficina está ubicada en 2035 Hurley Way, suite 250 y nuestros números de teléfono y fax continuarán siendo los mismos.

Por favor venga pronto a conocer nuestro nuevo hogar! ♥

## Nueva Oficina De WarmLine En Roseville:

WarmLine está orgulloso de informarles la apertura de una nueva oficina. Gracias a la generosa donación de Primeros 5 de Placer, ahora tenemos una oficina en la ciudad de Roseville que servirá a las familias que tienen niños en la edad de 0 a 5 años y que tienen necesidades especiales. La nueva oficina está localizada en el 420 Folsom Road, Suite D, y ofrecerá reuniones de grupos de apoyo, entrenamiento, talleres y actividades familiares. Por favor llame al 916-782-7147 para más información o visite "Eventos Futuros" en nuestra pagina de Internet. ♥

.....  
WarmLine tiene ahora una librería mucho más amplia, y nuestro deseo es poder llenarla de libros, recursos e información para todas las familias. Es por eso que estamos solicitando su ayuda, si usted tiene libros que desee donar, por favor llámenos! ♥  
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## Dreamnight at the Zoo—Free!



The Sacramento Zoo is hosting its first ever "Dreamnight at the Zoo" on **Friday, June 3 from 5:30-8:30 pm** for children who are chronically ill or who have special needs. It will be a pleasant and uncrowded time for the children and their families to enjoy the zoo. All activities will be free including storytelling, face painting, crafts, special exhibit talks, a creative Wildlife Stage show where everyone can get up close and personal with some of the animals and much more! For more information, please call 916-264-5888 or visit the Zoo's website at [www.saczoo.com](http://www.saczoo.com).

Don't forget that zoo admission is *always* free for children with special needs and one adult companion! ♥

## WarmLine Welcomes New Staff to Serve You...

Jean Bury comes to us from New Mexico and is the mother of two very busy children, aged 9 and 5. Jean is a Family Inclusion Specialist who is working with the Quality Child Care Collaborative. Jean works with child care providers on how to more effectively include children with special needs and how to work more closely with parents. Funding comes from Sacramento County First 5, Child Action and the Sacramento County Office of Education's Infant Development Program.

Tracey Benedict is our newest Sacramento Family Resource Specialist. Tracey has an adorable 4 year old who loves music and sharing his enthusiasm for it with others. In our office two days per week, Tracey helps parents of young children with special needs to find needed resources—and she even hosts WarmLine scrap booking get-togethers. Please call for more information. ♥

## Sacramento Office Open House

We will host an open house in the new Sacramento office on **Friday, April 1 from 2 pm-7 pm**. Our new library and "family area" provides a welcoming place for families to come with their children to learn about support and resources...and sometimes just to chat with our staff who are all parents of children with special needs and who have all "been there" too.



We invite everyone—families with children and professionals to come meet us and enjoy our new "home" with us. See you then! ♥

## Calling All Golfers!

It's that time again - time to start thinking about spring golf, that is. Last year's golf tournament was so much fun that we're going to do it again! Please join us for the second annual WarmLine Family Resource Center golf tournament at the beautiful **Whitney Oaks Golf Club in Rocklin on Friday, April 29, 2005**.

The tournament provides a wonderful opportunity for the community to support and promote the WarmLine Family Resource Center—and as we learned last year, it also gives us the chance to catch up with old friends and meet new ones. **You** can help in any or all of the following ways:

- ✓ Enjoy a day of golf at the tournament! *Sign up as an individual player (\$175) or put together a foursome. Call the WarmLine at 916-922-9276 for more details or watch the website for the registration form.*
- ✓ Sponsor a player! *Call the WarmLine for information to sponsor a player individually or as a group.*
- ✓ Donate what you can to the event! *If you are not a golfer, but still want to show your support, the WarmLine welcomes your donations of any amount.*
- ✓ Sponsor a hole, donate a prize - or do both! *The WarmLine will acknowledge your business in an upcoming newsletter and on the website.*
- ✓ Volunteer to help with the event! *Last year's volunteers had a ball.*
- ✓ Tell your friends about it! *Spread the word. You can tell others about the WarmLine and invite them to also join us at this year's event.*



The WarmLine is busier than ever. We are reaching more and more parents and professionals in our six county area with support, trainings, resources, information and other services that the WarmLine provides to empower families with children with special needs. But we still need your help. Won't you please join us in April for a morning of golf?

Call the WarmLine at 916-922-9276/800-660-7995 or visit our website to register. ♥

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## Together We Are Better...Thank You!

We thank the many friends who have supported the WarmLine with their contributions: Sheila Wolfe, the S.C.O.E. Special Education Preschool staff, the Dry Creek Elementary School staff, the Rio Linda Jr. High School Staff, Sharon Holstege, Ramiro & Kathy Galvan, Suzy Campbell, Wells Fargo Bank & Merci DeBarracua, Michele Madere, Anthony & Tammy Wilson, Terri Young, Dave Perez and the Ray Morgan Co. for the copiers in our new Roseville and Sacramento offices, Raymond Hampson for his yeoman-like help with helping us get unpacked and settled.



**WARMLINE FAMILY RESOURCE CENTER**  
2035 Hurley Way #250  
Sacramento, Ca. 95825

Non Profit Organization  
U.S. Postage Paid  
**Permit #2495**  
Sacramento, CA

**WarmLine Family Resource  
Center  
NETWORKER**

**"Serving Families and Professionals  
Involved with Children with Special  
Needs"**

2035 Hurley Way #250  
Sacramento, Ca. 95825  
916-922-9276 /  
800-660-7995

Winter 2004/2005



**WARMLINE MISSION STATEMENT**

"Our mission is to provide support, information, and education to promote and strengthen the foundation of families and children with special needs so they can face the challenges of the present and create new dreams for the future."

Thanks to all parents and other professionals for the great information! Editors: Al Millan and Cid Callas Van Koersel. The WarmLine Networker is published approximately three times per year. Articles and suggestions are most welcome. (However, WLFRC reserves the right to determine final content of the publication.) Send or FAX information and articles for publication to: WLFRC, 2035 Hurley Way #250, Sacramento, Ca. 95825 Phone: 916-922-9276 Fax: 916-922-9341. Opinions expressed in this newsletter do not necessarily reflect the opinions or the endorsement of the California Department of Developmental Services (DDS), or any other state or private agency. We will not knowingly reproduce inaccurate or libelous material. We do not promote or recommend any treatment, therapy, institution or professional system, etc. Information on treatment, medications, etc. in articles is not intended to be a guide for self treatment. Follow your physician's instructions and consult your doctor on any questions you may have. This newsletter is funded through private donations and a grant from the California Department of Developmental Services and The California Endowment.

# Placer County Events/Workshops/Trainings

Call 916-782-7147 or email [placervl@warmlinefrc.org](mailto:placervl@warmlinefrc.org) for more information

Day	Time	Event
By Appointment	By Appointment	"Introduction to California's Early Start Program": If your child is just being diagnosed with a special need and you feel you have too much information (or too little?) Learn about services, agencies, & programs in Early Intervention, including how to understand and participate in your child's Individual Family Service Plan (IFSP). Call the Placer WarmLine at 916-782-7147 for more information.
By Appointment	By Appointment	"Moving on to Preschool": This training will help you understand the changes that occur when a child makes the transition from early intervention services to special education services at age three. Call the Placer WarmLine at 916-782-7147 for more information.
By Appointment	By Appointment	"Introduction to Special Education": If your child is over three & being evaluated for special education or you think your child might qualify for special education...or you have an upcoming IEP & are not sure what to expect, the WarmLine offers individual and small group trainings as needed. Call the Placer WarmLine at 916-782-7147 for more information.
3rd Tues. of every month	7:00—8:30 pm	"Autism Support Group": Support group sharing information & support. Co-facilitated by a parent of a child with autism and a professional. Call the Placer WarmLine at 916-782-7147 for more information.
4th Wed. of every month	7:00-8:30 pm	"Special Needs Support Group": Parents of children with special needs sharing information & support. Call the Placer WarmLine at 916-782-7147 for more information.
Thursdays	9:30-12:00 and 6:30-9:30	"Scrapbooking for Parents of Children with Special Needs": We celebrate our children's lives through our precious photos, make friends and share information about services for our children. Call the Placer WarmLine at 916-782-7147 for more information.
To Be Announced	To Be Announced	"Behavior Modification for Children with Special Needs": Teaches parents how to change unwanted or inappropriate behavior in a positive way. Directed toward children 2-6 years old. Call the Placer WarmLine at 916-782-7147 for more information.
1st Wed. of every month	6:30 pm	"Mom's Night Out" : A group of women who get together to share resources, triumphs & information about raising children with special needs. Call the Placer WarmLine at 916-782-7147 for more information.
Thursday mornings	9:30-10:30	"Coffee & Conversation": A time to share information and support with other parents in a comfortable, relaxed setting. At the WarmLine's Roseville office. Call the Placer WarmLine at 916-782-7147 for more information.
Saturday mornings	10:00—12:00	"Saturday Play": An opportunity for families and children to meet play at a local park. Siblings welcome! Call the Placer WarmLine at 916-782-7147 for more information.

Please add my name to your mailing list (for children 5 and under). For families of children over 5 (or professionals who serve children over 5), our newsletter is available on line at [www.warmlinefrc.org](http://www.warmlinefrc.org)

Please note my new address
  I would like to be trained as a Peer Parent Volunteer

I would like to be contacted by one of your staff
  I would like to volunteer for special events

I would like to volunteer for office support
  I would like to volunteer for outreach activities

Please accept my donation to support the WarmLine
  Please remove my name from your mailing list

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please Check All That Apply:

Parent \_\_\_\_\_ (Child's age \_\_\_\_\_ Child's special need: \_\_\_\_\_ [optional]); Professional \_\_\_\_\_

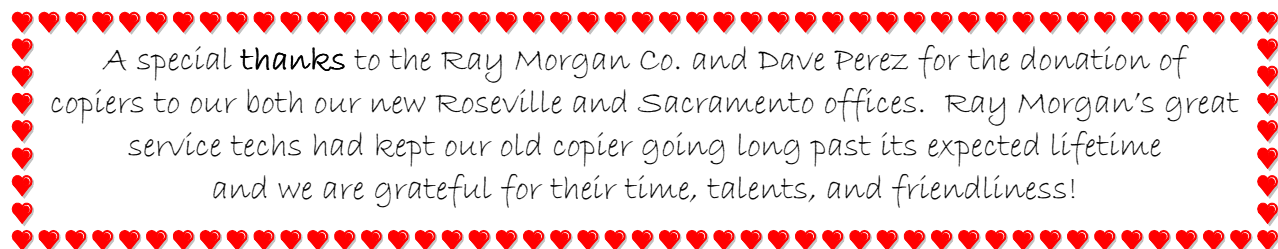
Please mail this form to:

WarmLine Family Resource Center; 2035 Hurley Way #250; Sacramento, CA. 95825 The WarmLine is a 501©(3) nonprofit organization

## Sacramento County Workshops/Trainings

Date	Time	Event
Feb. 23; Mar. 9,23; Apr. 13, 27; May 11, 25; June 8, 22	10:00 am To 12:00 pm	"Getting an Early Start" - This informal get-together is an orientation for families of children birth to three years old who are new to the Early Start Program (or who think their child may qualify for Early Start). Come and learn about services, agencies and procedures involved in early intervention; including understanding and participating in the Individual Family Service Plan (IFSP). At the WarmLine Family Resource Center, 2035 Hurley Way #250, Sacramento. Please call 916-922-9276/800-660-7995 to reserve your spot.
Feb. 15; Mar. 1,8,15; Apr. 5,12,19; May 3,10,17; June 7,14,21	10:00 am To 12:00 pm	"Introduction to Special Education" - For people who want to know about how the special education process works—or come to discuss your child's specific special education needs in a small group setting. At the WarmLine Family Resource Center, 2035 Hurley Way #250, Sacramento. Please call 916-922-9276/800-660-7995 to reserve your spot.
Feb. 22; Mar. 22; Apr. 26; May 24; June 28	10:00 am To 12:00 pm	"Moving on to Preschool" - Learn what happens when a child makes the transition from early intervention services to special education services—or come to discuss your child's specific special education needs in a small group setting. At the WarmLine Family Resource Center, 2035 Hurley Way #250, Sacramento. Please call 916-922-9276/800-660-7995 to reserve your spot.
Mar. 17; April 21; May 19; June 16	6:30 pm To 8:30 pm	"Parent-to-Parent: Sharing Resources About Special Education" - Join us to learn more about how the special education process works and discuss issues of importance to parents of children with special needs. Refreshments will be served and childcare will be provided by nursing assistants. Parents will be responsible for providing any needed medical equipment and administering medications. Space is limited. Please call the WarmLine at 916-922-9276/800-660-7995 or event@warmlinefrc.org to register. At "My Friends Pediatric Day Healthcare Center", 8632 Greenback Ln., Ste. A, Orangevale.
Feb. 16, Mar. 16; ***** Feb. 23, Mar. 23	10:30 am- 12:00 pm ***** 6:30 pm- 8:30 pm	"Scrappin Corner" - Everyone is invited to come with their photos and any supplies they may have. From the experience Scrapper to the brand new ("I have a box full of pictures in the closet") Scrapper. Come make new friendships and get those pictures out of the boxes and into an album that will last a lifetime! At the WarmLine Family Resource Center, 2035 Hurley Way #250, Sacramento. Please call 916-922-9276/800-660-7995 to reserve your spot.
April 29	7:00 am	2nd Annual WarmLine Family Resource Center Golf Tournament at Whitney Oaks Golf Club in Rocklin. \$175 per player. Come and play yourself or sponsor a player (individually or as a group). Last year was a blast—don't miss out this year! Call the WarmLine or visit our website for registration information.

If you cannot attend a scheduled training, all of our WarmLine workshops on Early Intervention, Transition and Special Education are available by appointment also. All of our staff members are also parents of children with special needs and have had experience with the Early Intervention and Special Education processes. We will give you valuable information that you can take home to refer to again and again and you can call us any time if you have questions. We're here to help. ♥


  
 A special thanks to the Ray Morgan Co. and Dave Perez for the donation of copiers to our both our new Roseville and Sacramento offices. Ray Morgan's great service techs had kept our old copier going long past its expected lifetime and we are grateful for their time, talents, and friendliness!