



NETWORKER

WarmLine Family Resource Center

Serving Families and Professionals Involved with Children with Special Needs in Sacramento, Placer, Yolo, Nevada, El Dorado, and Alpine Counties

Sacramento:

2035 Hurley Way, Ste. 250, Sacramento, CA, 95825
916-922-9276 * 800-660-7995
email: warmline@warmlinefrc.org
www.warmlinefrc.org

Roseville:

151 N. Sunrise Ave., Ste. 1307, Roseville, CA 95661
916-782-7147
email: placerrwl@warmlinefrc.org
www.warmlinefrc.org

WarmLine's Sacramento office phone number for Spanish speaking families is 916-922-1490

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"The WarmLine Networker Newsletter"

September 2009

Contents

| | |
|--|-----|
| Budget/Service Cuts..... | 1 |
| Supported Life Institute Conference..... | 1 |
| Fiesta Educativa..... | 1 |
| What is WarmLine..... | 2 |
| Special Kids Picnic..... | 2 |
| WarmLine Golf Tournament..... | 3 |
| Upcoming Events..... | 4-5 |

Support Groups

For a listing of support groups in WarmLine's six county area, please go to www.warmlinefrc.org/faq.html

To our families & community partners~

There are many changes coming regarding services provided for people with developmental disabilities who are served by Regional Centers and other agencies, including children birth to three years old and families in the Early Start Program .

The most up-to-date information about these changes can be found at the website of the California Department of Developmental Services at www.dds.ca.gov, where you will find a Summary of Budget Reductions and revisions to Early Start. At the website for Alta California Regional Center at www.altaregional.org, you will find information about changes in services that affect the ten county region that is served by Alta, including a Community Message from the Executive Director .

As always, we at WarmLine will be here to provide support, information and assistance for families of child 0-22 years with special needs, and our community partners.

Supported Life Institute 2009 Conference:

"A Meaningful Life...Are We There Yet?"

The 23rd Annual Supported Life Conference and Inclusion Celebration Dessert Social will be held from October 7 to October 9 at the DoubleTree Hotel in Sacramento.

The Conference topics will include Augmentative and Alternative Communication, Employment, Family Supports, Positive Behavior Support, Special Education and more.

There is a discount for the first 250 people with developmental disabilities and family members who register, and there is a discount for full-time students.

For more information or to register, go to www.supportedlife.org or call 916-567-1974.

Fiesta Educativa 2009: "Equality—My Child's Right"

Fiesta Educativa was founded in 1978 to inform and assist Latino families in obtaining services for their children with disabilities.

The 9th Annual Sacramento Regional Conference, which will be *entirely in Spanish* will be held October 31 from 8:15 am—3:30 pm at California State University , Sacramento.

Important topics for families such as: Family Support, Assistive Technology, Special Education Rights, Autism, Down syndrome and others will be presented.

Space is limited, so register early. For more information, please call 916-922-1490 or go to www.warmlinefrc.org to print the registration form.



Register before September 23, 2009!



FOOD

FUN!

**Saturday
October 3, 2009**

10:30am - 3:00pm

Fairytale Town, William Land Park
3901 Land Park Drive directly across
from the Sacramento Zoo

Call 916-264-5233 for recorded
directions

Special Kids Family Picnic

Presented by Active 20-30, No. 1 of Sacramentos

GAMES

ACTIVITIES

MUSIC

ENTERTAINMENT



Presented by Active 20-30 Club of Sacramento No. 1 -
Serving the children of the Sacramento community since 1922.

The park will be closed to the public, and we invite children with special health care and developmental needs and their families to join us for a day of fun at Fairytale Town! The event is free.

No e-mail registrations **Register before September 23, 2009**

**Please send completed registration form to Warmline Family Resource Center -
2035 Hurley Way Suite 250, Sacramento, CA 95825 or fax to (916)922-9341**

Parent/ Guardian Name: _____

Phone (Day) _____ Phone (Evening) _____

T-shirts will be provided to the child(ren) with special needs and siblings 12 years old & under

(Child with Special Needs) Name: _____ Age: _____ T-Shirt size: _____

(Child with Special Needs) Name: _____ Age: _____ T-Shirt size: _____

(Child with Special Needs) Name: _____ Age: _____ T-Shirt size: _____

Sibling Age: _____ T-Shirt size: _____ Sibling Age: _____ T-Shirt size: _____

Sibling Age: _____ T-Shirt size: _____ Sibling Age: _____ T-Shirt size: _____

How many will be attending? Kids (0-12 years): _____ Adults (over 12 years): _____

How did you hear about the picnic? _____

Have you attended previously? Yes No How many times? _____

"I understand that photos/video will be taken at the event and consent to allow Active 20-30 #1 to use these images of our child(ren) and family to be used in their promotional material(s) and website."

Parent/Guardian Signature: _____

Dear Parents, Grandparents,
Siblings, Teachers, Therapists,
Nurses, Physicians &
Many Valued Friends,

WarmLine Family Resource Center is a place for families to turn when they discover that their child has a special health care or developmental need. We are parents who have "been there" and our goal is to provide a link to whatever you may need on your journey, including parent-to-parent support and other important services.

Families *and* professionals are encouraged to contact WarmLine for assistance. We offer information, referral and support. We also have resources including books, videos, workshops and opportunities for families and professionals to share and learn with each other about a wide variety of conditions, educational options and supports. WarmLine Family Resource Center is a community of families, friends and professionals working together for each other and for our children.

WarmLine Staff:

Diane (530-757-5695 x 7358) & Lori in Yolo County; Candace, Courtney & Malane in Placer County; Casey in Nevada County; Nancy in South Lake Tahoe; Laura, Cid, Tracey, Raymond, Dorrissa & Al in Sacramento County

WarmLine Board Members:

Joe Androvich, Cathy Mikitka, Teresa Androvich, Michael Rosenberg, Ron Mainini, Anker Christensen, Shirley Skadan-Smith, Sue Winar

WarmLine Family Resource Center
Mission Statement

"Our mission is to provide support, information, and education to promote and strengthen the foundation of families and children with special needs so they can face the challenges of the present and create new dreams."



WarmLine Golf is Coming!

WarmLine's 7th Annual Golf Tournament will be held at the beautiful Whitney Oaks Golf Club in Rocklin on Friday, April 30, 2010. Whitney Oaks is a challenging course which our players have requested returning to again and again.

WarmLine is supported entirely by grants and donations which frequently are designated for specific age groups, county or activity; for example, birth to six years old and Special Education trainings. However, at WarmLine we serve families who have a child with special needs with any diagnosis from birth to age 22. The funds that we raise from the golf tournament can be used to support any age and can be used for whatever is needed and wherever needed, such as printing and distribution of our many publications, which we provide free of charge.

We hope you can join us for a day of golf to support the work that WarmLine does with families and professionals involved with children with special needs. Look for registration forms on our website starting in October and watch this space for information on prizes and contests that have made the annual golf tournament so much fun.

We welcome anyone who would like to be on the golf tournament planning committee, donate prizes or volunteer at the golf tournament. Please call Cid at WarmLine or email Cid@warmlinefrc.org

You Can Help Research the Theory of Mind Test-Revised!

You Can Help Research the Theory of Mind Test-Revised!

Central Valley Autism Project, Inc. (CVAP, Inc.) is conducting a research study validate the Theory of Mind Test-Revised (ToM Test-R).

Theory of Mind refers to the understanding of one's own and others' emotions, feelings, thoughts & desires. Studies have shown that while children with developmental disabilities have developmental deficits in these areas, treatment can be effective.

The ToM Test-R will be a valuable tool in determining if a child has deficits in Theory of Mind skills and whether teaching tools have been effective. CVAP, Inc. is looking for children ages 4 years to 12 years old who have been diagnosed with autism, PDD-NOS or ADD/ADHD to participate.

For more information, or if you would like to help CVAP, Inc. validate this test so that it may be used to help children with developmental difficulties, please contact Mieke San Julian, Research Coordinator with CVAP, Inc. at (209)327-6773 or msanjulian@cvapinc.org.

Yolo County Resource

Yolo County Office of Education has a Parent Handbook that contains helpful information about special education services and procedures. You may obtain a copy (in English or Spanish) by calling 530-668-3787 and ask for the "YCOE SELPA Parent Handbook" or download a copy at www.ycoe.org and click on the SELPA link.



For more information about special education publications, parent trainings or the Community Advisory Committee (CAC), go to www.ycoe.org and click on the SELPA link.

SKIES Meetings

Special Kids in Educational Settings (SKIES) will present a free training on Special Education Services with Michael Rosenberg, Executive Director of Area Board 3 on Monday, September 21 from 7-8:30 pm at the Senior Center at 600 A Street in Davis.

Other events and trainings this fall will be a showing of the film, "Including Samuel" on October 19 and Special Needs Trusts on November 16. Both will be at locations to be announced.

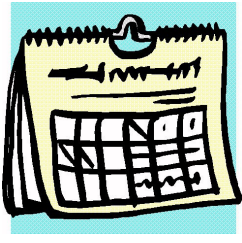
For more information about SKIES or the trainings offered, please call Diane at 530-758-8978.

After-School Teen Program is Now Enrolling!

The Access Leisure Teen Program is an after-school social/recreational program designed specifically for youth and young adults with disabilities age 12-25 years. Activities that foster the social, physical and emotional development of all participants, such as arts and crafts, sports, cooking, dances and community outings are provided



The programs are located at Harriet Eddy Middle School in Elk Grove and C.K. McClatchy High School in Sacramento. For more information, including cost, contact Pam Prater at 916-808-6085 or email pprater@cityofsacramento.org.



Sacramento WarmLine Activities

2035 Hurley Way, Suite 250, Sacramento, 916-922-9276 / 800-660-7995

Cid@warmlinefrc.org

All trainings are free and at WarmLine's Sacramento office unless otherwise noted.

Pre-registration is required.

| | | |
|-------------------------|--------------------|--|
| Sept. 8 Nov. 10 | 7:00 - 8:30 pm | "Teenz Support Group" Teen siblings (age 15-22) of children with special needs meets on the 2nd Tuesday of every other month at Round Table Pizza, 8755 Sierra College Blvd. (at Douglas Blvd.) in Granite Bay. Please call 916-922-9276 to RSVP. |
| Sept. 24 | 6:00 - 8:00 pm | "Parents of Teens/Young Adults" Group. Meet to share issues and concerns...and dinner at Fresh Choice, 535 Howe Ave. (Everyone is responsible for their own bill.) Call Cid or Raymond at WarmLine for more information. |
| Sept. 30 | 6:00 - 8:00 pm | "How will IHSS Cuts Affect My Family?" Sujatha Branch from Disability Rights California will discuss the current cuts to In Home Support Services (IHSS). Call 916-922-9276 / 800-660-7995 to register. (Space is limited to 12.) |
| Oct. 3 | 10:30 - 3:00 pm | "Special Kids Family Picnic" Free event for families of children with special health care or developmental needs. Fun, activities, food! At Fairytale Town, William Land Park, 3901 Land Park Dr., Sacramento Register by mail or fax (see page 2). |
| Oct. 8 | 6:30 - 8:30 pm | "Sensory Processing" Many children have sensory processing challenges which make it difficult for them to learn. Suzy, Campbell, OTR/L will teach sensory processing techniques which will help children to focus in the classroom setting. At Doubletree Hotel, 2001 Point West Way, Sacramento. Space is limited to 20, so register early! Call 916-922-9276 / 800-660-7995 to register. (Check lobby for room assignment.) |
| Oct. 8 | 7:30- 9:00 pm | "Work Incentives & Paid Work—Making Sure Work Pays" Molly Sullivan & Bryon MacDonald address the impact of paid work on (government) benefits. Hear about work incentives and see a live demonstration of the "Benefits to Work" online tool (www.disabilitybenefits101.org) which can estimate how benefits change with an individual's situation and paid work goals. At Doubletree Hotel, 2001 Point West Way, Sacramento. Call 916-922-9276 / 800-660-7995 to register. (Check lobby for room assignment.) |
| Oct. 14 | 6:30 - 8:30 pm | "Personal Safety Skills for Students with Disabilities" Stacey Hoffman & Susan Whaley, Special Education teachers in the Sacramento City Unified School District, will discuss how parents can teach students personal safety skills and how to advocate for personal safety goals in their child's education. . Call 916-922-9276 / 800-660-7995 to register. (Space is limited to 12.) |
| Oct. 21 | 6:30 - 8:30pm | "IEP Training" Michael Rosenberg, of Area Board III, will provide IEP Trainings. Parents will have the opportunity, in a group setting, to ask questions about special education services. Call 916-922-9276 / 800-660-7995 to register. (Space is limited to 12.) |
| Nov. 4 | 6:00 - 8:00 pm | "How will Regional Center Cuts Affect My Family?" Jonathan Elson from Disability Rights California will discuss the current cuts to Regional Center Services (Lanterman Act). Call 916-922-9276 / 800-660-7995 to register. (Space is limited to 12.) |
| Dec. 9 | 6:30- 8:30 pm | "Think, Plan, Do" Mark Starford & Charlene Jones will introduce materials designed for use by individuals with disabilities & their families when planning, building natural supports, increasing independent living skills & enhancing community participation. Call 916-922-9276 / 800-660-7995 to register. (Space is limited to 12.) |
| Dec. 18 | TBA | "Santa Day" At Alta California Regional Center, 2135 Butano Dr., Sacramento. Enjoy activities, refreshments...and SANTA!!! Mark your calendars. Details will be available in November. |
| Last Tues. of mo. | 7:00 – 9:00 pm | Trailblazers Fathers Forum: Fathers meet to share information and experiences, support and encourage one another at Round Table Pizza at 8755 Sierra College Blvd., Granite Bay. Call Al or Raymond at 916-922-9276 for more information. |
| 1st Tues. of mo. | 10:00- 12:00 pm | Transition IEP Training: <i>When your child is turning 3 years old and is getting ready to transition from Early Start into preschool, we can help you prepare for the first IEP in a positive, proactive way. Our goal is to make you feel confident & comfortable so you can be your child's best advocate. Pre-registration is required.</i> |
| 3rd Tues. of mo. | 10:00- 12:00 pm | IEP Training: Whether your child is currently receiving special education services or if you think he or she might need to be assessed, we can answer your questions & help you prepare for the IEP in a positive, proactive way. Our goal is to make you feel confident & comfortable so you can be your child's best advocate. Pre-registration is required. Call 916-922-9276 / 800-660-7995 to register. |

WarmLine sometimes adds trainings that, due to scheduling, may not be posted here. Please visit the "Events Calendar" of our website at www.warmlinefrc.org for other upcoming events or trainings.

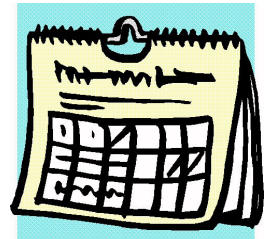
Placer WarmLine Activities

151 N Sunrise Ave., Suite 1307, Roseville, 916-782-7147

Placerwl@warmlinefrc.org

All trainings are free and at WarmLine's Roseville office unless otherwise noted.

Pre-registration is required.



| Date | Time | Event |
|---------------------------|--------------------|--|
| Sept. 8 Nov. 10 | 7:00 - 8:30 pm | “Teenz Support Group” for teen siblings (age 15-22) of children with special needs meets on the second Tuesday of every other month at Round Table Pizza , 8755 Sierra College Blvd. (at Douglas Blvd.) in Granite Bay from 7-8:30pm. Please call 916- 922-9276 to register. |
| Sept. 18 Nov. 18 | 6:30 - 8:30 pm | “IEP Training” Michael Rosenberg, of Area Board III, will be providing IEP Trainings. Parents will have the opportunity, in a group setting, to ask specific questions about special education services. Space is limited and these workshops always fill quickly, so reserve your spot early. WarmLine Roseville Office, 151 N. Sunrise Ave., Suite 1307, Roseville. Call 916-782-7147 to register. |
| Sept. 24 | 6:30 - 8:30 pm | “Sensory Processing” Staff from Jabber Gym will discuss sensory processing challenges and how to help children overcome them. At Jabber Gym, 151 N. Sunrise Ave., Ste 1105, Roseville. Call 916-782-7147 to register. |
| Oct. 3 | 10:30 - 3:00 pm | “Special Kids Family Picnic” Free event for families of children with special health care or developmental needs. Fun, activities, food! At Fairytale Town, William Land Park, 3901 Land Park Dr., Sacramento Register by mail for fax (see page 2). |
| Oct. 8 | 6:30 - 8:30 pm | “Sensory Processing” Many children have sensory processing challenges which make it difficult for them to learn. Suzy, Campbell, OTR/L will teach parents and professionals sensory processing techniques which will help children to focus in the classroom setting. At Doubletree Hotel, 2001 Point West Way, Sacramento. Space is limited to 20, so register early! Call 916-922-9276 / 800-660-7995 to register. (Check lobby for room assignment.) |
| Oct. 8 | 7:30- 9:00 pm | “Work Incentives & Paid Work—Making Sure Work Pays” Molly Sullivan and Bryon MacDonald address the impact of paid work on (government) benefits. Hear about work incentives and see live demonstration of the “Benefits to Work” online tool (www.disabilitybenefits101.org) which can estimate how benefits change with an individual’s situation and paid work goals. At Doubletree Hotel, 2001 Point West Way, Sacramento. Call 916-922-9276 / 800-660-7995 to register. (Check lobby for room assignment.) |
| Nov. 19 | 6:30- 8:30 pm | “Taking Care of Yourself” Raymond Hampson will share tips about how to take care of yourself through the sometimes trying times of having a child with special needs. WarmLine Roseville Office, 151 N. Sunrise Ave., Suite 1307, Roseville. Call 916-782-7147 to register. |
| Dec. 18 | TBA | “Santa Day” At Alta California Regional Center, 2135 Butano Dr., Sacramento. Enjoy activities, refreshments...and SANTA!!! Mark your calendars. Details will be available in November. |
| First Thurs. of mo. | 6:30- 9:00 pm | “Moms Night Out” Mothers of children with special needs meet to share concerns, issues, laughs and dinner! Round Table Pizza , 8755 Sierra College Blvd. (at Douglas Blvd.) in Granite Bay from 7-8:30pm. Please call 916-782-7147 for more information. |
| Last Tues. of mo. | 7:00 – 9:00 pm | “Trailblazers Fathers Forum” : Fathers meet monthly to share information and experiences, support and encourage one another at Round Table Pizza , 8755 Sierra College Blvd, Granite Bay Call Al or Raymond at 916-922-9276 for more information. |
| 4th Wed. of mo. | 11:00 - 1:00 | “Spanish Speaking Support Group” For parent of children with special needs. WarmLine Roseville Office, 151 N. Sunrise Ave., Suite 1307, Roseville. Call 916-922-1490 for more information. |

WarmLine sometimes adds trainings that, due to scheduling, may not be posted here. Please visit the “Events Calendar” of our website at www.warmlinefrc.org for other upcoming events or trainings.

New Stuttering Support Group

The goal of the group is to provide support and dispel myths about the cause, prevention and treatment of stuttering. Everyone is welcome including people who stutter and their families and professionals.

Meetings are the 1st Monday of each month from 6:30-8:30 pm at WarmLine's office at 151 N. Sunrise Ave., Suite 1307, Roseville. Please note that this is not a WarmLine sponsored group. RSVP at 916-797-3307 or email NSA Chapter leader, Nancy Barcal at nbarcal@surewest.net