

June 1, 2011



WarmLine Family Resource Center

Providing resources and support to families of children with special needs in Sacramento, Placer, Yolo, Nevada, El Dorado, and Alpine Counties since 1993.

Upcoming Events

Check our website for more trainings and events

<http://warmlinefrc.org>

Baby Loves Art

Friday, June 10, 2011 from 10:00 am - 12:00 pm

OR

Sunday, June 12, 2011 from 2:00 pm - 4:00 pm

Crocker Art Museum

216 O Street, Sacramento

An entertaining and interactive way for children ages 3 and under and their caregivers to experience the educational stimulation that the visual arts provide.

This event is free, but preregistration is required.

Register: 916-922-9276 or email Cid@warmlinefrc.org

Making Sense-ory® Out of Child Development

Free training for families with children under 5

Pizza Served!

Rocklin Office

June 14

6:00 - 9:00 pm

6960 Destiny Dr. #106, Rocklin

Register at 916-632-2100 or email Raymond@warmlinefrc.org



During the first few years of life your child's sensory-motor, as well as communication, experiences lay a critical foundation for learning, behavior and social skills. Both sensory-motor and language based activities can easily be infused in our daily lives with our children. An Occupational Therapist and Speech Therapist will explore the different stages of development and how parents can enhance their children's development.

- Introducing the Brain Library®
- Learn fun ways to increase your child's awareness of his world
- Tips for infusing more language, both verbal and non-verbal, into everyday routines
- Find out the many ways you are facilitating your child's development
- Learn ways to incorporate "more" sensory input in your child's day
- Use sensory-motor experiences to expand your child's language

Presenter: Tara Delaney, a pediatric occupational therapist, Founder/Executive Director of School Steps Inc., a company that provides special education services and in depth training to school districts.

WARMLINE TRAININGS/EVENTS

"Your Child's Development: Birth to 5 Years"

June 14, 2011 from 6:00-8:00 pm

First 5 Yolo - 403 Court St., Woodland

So many developmental milestones happen between birth and the age of 5...your child is growing by leaps and bounds!

Please join Tarin Varughese (Speech-Language Pathologist and Early Interventionist) & Nicole Mank



(Marriage and Family Therapist and Sensory Processing Disorder Advocate) to learn more

about the stages of development and how parents can enhance their children's growth.

Topics to be covered include the following:

- Emotional Development
- Speech and Language Development
- Social Skill Development
- Sensory Processing Disorder (SPD)

Space is limited and pre-registration is required.

Please call Diane (530-759-1127) or email

Diane@warmlinefrc.org

WARMLINE PLAYGROUPS

WarmLine is sponsoring playgroups in the region for children with special needs age birth - 3 years (birth - 5 years in Placer). This is a wonderful opportunity to meet our staff, connect with other parents and to have fun with your child.

SPACE IS LIMITED

PRE-REGISTRATION IS REQUIRED.

Events are listed by county for your convenience.

Bus passes are available through WarmLine FRC.

Yolo County

"Parents and Little People Playgroups"

Wednesdays, 10:30 to 12:00 June 1, 8, 15

Age range: 12-48 months

*Social & Cognitive Learning Center
907 3rd Street, Davis*

Thursdays, 10:30-12:00 June 9, 16, 23

Age range: Birth - 8 months

*Mother & Baby Source
714 2nd Street, Davis*

Fridays, 10:30-12:00 June 10, 17, 24

Age range: 9-12 months

*Social & Cognitive Learning Center
907 3rd Street, Davis*

Register: 530-759-1127 or Diane@warmlinefrc.org

"Rumble Tumble Tummy Time"

Make tummy time fun for your baby through engaging

Ongoing WarmLine Trainings & Support Grps

► 1st Tuesday of Month, 10:00 am - 1:00 pm

"Transition to Preschool" - Learn to prepare for your three year old's first IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Sacramento Office
2025 Hurley Way, Suite 100, Sacramento

Register: 916-922-9276 or email Cid@warmlinefrc.org

► 3rd Tuesday of Month, 10:00 am - 1:00 pm

"IEP Training" - Prepare for your child's IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Sacramento Office
2025 Hurley Way, Suite 100, Sacramento

Register: 916-922-9276 or email Cid@warmlinefrc.org

► Last Tuesday of Month, 7:00 pm - 9:00 pm

"Trailblazers Fathers Forum" - Support for fathers of children with special needs.

Round Table Pizza
8755 Sierra College Blvd., Roseville

Information: 916-632-2100 or email

Raymond@warmlinefrc.org

► 1st Wednesday of Month, 10:00 am - 12:00 pm

"Transition to Preschool" - Learn to prepare for your three year old's first IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Placer County Office
6960 Destiny Dr., Suite 106, Rocklin

Register: 916-632-2100 or email

Raymond@warmlinefrc.org

► 2nd Wednesday of Month, 10:00 am - 12:00 pm

(Spanish) "IEP Training" - Prepare for your child's IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Placer County Office
6960 Destiny Dr., Suite 106, Rocklin

Register: 916-922-1490 or email Laura@warmlinefrc.org

► 3rd Wednesday of Month, 10:00 am - 12:00 pm

"IEP Training" - Prepare for your child's IEP in a positive, proactive way in a 1:1 or small group setting.

WarmLine Placer County Office
6960 Destiny Dr., Suite 106, Rocklin

Register: 916-632-2100 or email

songs and activities in a play-class setting. At the same time, valuable parenting strategies will be provided to help you make the most the most of this important stage of development. Available as a single class or series.

Age range: 2-6 months

10:30-11:15 am

Call 530-759-1127 or Diane@warmlinefrc.org for June dates

Mother & Baby Source
714 2nd Street, Davis

"Infant Massage" Classes

Boost babies' development, increase well-being and enhance bonding. Call 530-759-1127 or Diane@warmlinefrc.org for more information.

Mother & Baby Source
714 2nd Street, Davis

Placer County

"You & Me Gymnastics" at Flip 2 It

Age range: Birth to 5 years

Thursdays May26-June 16

Flip 2 It, 10556 Industrial Ave., Roseville

Register: 916-632-2100 or email

Raymond@warmlinefrc.org

Sacramento County

"Baby Loves Art"

Friday, June 10, 2011 from 10:00 am - 12:00 pm

OR

Sunday, June 12, 2011 from 2:00 pm - 4:00 pm

Crocker Art Museum

216 O Street, Sacramento

An entertaining and interactive way for children ages 3 and under and their caregivers to experience the educational stimulation that the visual arts provide.

Register: 916-922-9276 or email Cid@warmlinefrc.org

Funding provided by First 5 Placer, Alta California Regional Center and the California Department of Developmental Services.

Raymond@warmlinefrc.org

► **4th Wednesday of Month, 10:00 am - 12:00 pm**

"Spanish Support Group" - Spanish speaking parents of children with special needs.

WarmLine Placer County Office
6960 Destiny Dr., Suite 106, Rocklin

Register: 916-922-1490 or email Laura@warmlinefrc.org

► **1st Thursday of Month, 6:30 pm - 9:00 pm**

"Moms Night Out" - Support group for mothers of children with special needs.

Round Table Pizza
8755 Sierra College Blvd., Roseville

Information: 916-632-2100 or email

Raymond@warmlinefrc.org



COMMUNITY PARTNER ACTIVITIES

► **"Dreamnight at the Sacramento Zoo"**

Friday, June 3 from 5:30 - 8:30 pm

Join us for a very special **FREE** evening for children with chronic illnesses or disabilities and their families.

Activities include: Trevor the Magician, Animal Encounters, Face Painting, Wildlife Wagons, and more!

Due to safety concerns with the zoo animals, no service dogs, please.

RSVP: info@sac zoo.org

Information: 916-808-5888

► **"Southside Park Play Dates"**

Saturday, June 11, 2011, 11:00 am - 1:00 pm

Southside Park, 2115 6th St. (at U Street), Sacramento
Southside Park is an accessible playground where children of all abilities can play together. Also, parents and guardians have the opportunity to share their experiences, network and learn about local resources.

Pre-registration is not necessary. For more information, please visit www.accessleisuresac.org or call Jenny Yarrow at 916-808-6017.

Bus passes are available through WarmLine FRC for families of children with special needs birth - 3 years old .

► **"All About YOU Group"**

Age ranges: 8-13 and 14-17.

For siblings of children with special needs. Provides the opportunity to meet other siblings, have fun and share experiences.

Cost: \$20 for one sibling per meeting and \$25 for two or more siblings from the same family per meeting.

New Horizons Counseling Center, 3300 Walnut Ave., Carmichael. Call Karen Reichert at 916-485-2511 for schedule information.

► **"Social Sense" (Social Skills Groups)**

Presented by Baby Steps Therapy beginning in early July

Groups will work on:

- Developing social insight
-
- Sensory-social awareness of surrounding (non-verbal cues)
-
- Perspective taking
-
- Emotional regulations
-
- Social solutions strategies
-
- Developing "friendship" skills

Age groups:

- 4-6
- 7-10
- 11-13
- 14-16

Call 916-415-0119 or www.babystepstherapy.com

► **"Handwriting Camp"**

Presented by Baby Steps Therapy beginning in early July

Developmentally appropriate groups conducted in a fun setting, run by an occupational therapist and which will incorporate:

- Sensory strategies
- Fine motor skills
- Visual motor and visual processing games

For ages 5-6; 7-8 and 9-12

Call 916-415-0119 or www.babystepstherapy.com

Sacramento Tel: (916) 922-9276

Toll Free: (800) 660-7995

Spanish: (916) 922-1490

Fax: (916) 922-9341

Email: warmline@warlinefrc.org

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