

Parent Goal Setting Worksheet

This worksheet is a useful tool for parents when preparing for an upcoming IEP. It helps to identify specific concerns that a parent has and provides the opportunity for parent input for goals. Example:

| <u>Area of Need</u> | <u>Current (or Present) Level of Performance</u> | <u>Goal</u> |
|--|--|--|
| <u>Communication</u> | <u>Carl is able to express himself verbally</u> | <u>Carl will work on staying on topic when talking with peers.</u> |
| Area of Need | Current (or Present) Level of Performance | Goal |
| Math | | |
| Language Arts | | |
| Self-Help/ Independent Living Skills (Dressing, grooming, organizing personal belongings, money management, etc.) | | |
| Communication Skills | | |
| Social/Behavior Skills | | |
| Pre-vocational/ Vocational (Follow directions, task completion, organization of work) | | |
| Physical Activity/Motor Skills (Hand-eye coordination, balance, etc.) | | |
| Recreational Skills (Leisure time, games, sports) | | |
| Health (Medication, equipment, (i.e., braces, etc.) Not part of IEP goals , but parents should plan to discuss medical needs with the team during the meeting and have them added to the "Present Levels of Performance" or notes section.) | | |

Parent Report for IEP

Parent Report for:

Age:

Date:

| | |
|------------|------------|
| Strengths: | Interests: |
|------------|------------|

| Curriculum/Area of Need | Proposed Goals (G) /Strategies (S) |
|-------------------------|------------------------------------|
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