Dear Families,

It seems as though distance learning (DL) is going to be with us and our children for awhile. WarmLine has received many requests from parents regarding strategies for DL with their students. So, by popular demand, this issue of the newsletter will contain information on DL from multiple sources. We hope you find it useful. As always, please call us at 916-455-9500 or email us at warmline@warmlinefrc.org with your questions. We’d love to hear how YOU are planning to tackle DL with your children. Please drop us an email or share on our "WarmLine Family" Facebook group.

- Resources to Support...Distance Learning for Students w/ Autism (Excellent for all students with disabilities.)
- My Child Doesn't Learn Well in Front of a Computer! What Can I Do?
- Distance Learning: 8 Tips to Help Your Child Learn at Home
- Building Strengths: Pick One Skill for Your Child to Work On at Home
- Focus on Five: Tips for Parents for Home Learning

---

Stay Connected with Us & Each Other
WarmLine hosts TWO Facebook groups where families of children with delays and disabilities can connect with each other, share information and ideas in English & Spanish. We also post information on Facebook & Instagram. We update posts several times weekly!

---

Instructions for Using Zoom

FREE - MIND Summer Institute on Neurodevelopmental Disabilities - Virtual
August 7, 2020 9:00 am - 12:45 pm Schedule & Registration

---

WarmLine Activities/Workshops

- **Contents of the IEP**
  - Thursday, August 13
  - 2:00-4:00 PM

- **Family Paint Party**
  - Saturday, August 15
  - 3:00-4:00 PM

- **Family Relaxation w/ Melissa**
  - Monday, August 17
  - 1:00-2:00 PM

- **Music w/ Miss Emma**
  - Saturday, August 22
  - 11:30-12:00

- **Family Relaxation w/ Melissa**
  - Monday, August 31
  - 1:00-2:00 PM

- **Supporting Communication**
  - Thursday, August 27
  - 2:00-3:00 PM
  - Wednesday, September 2
  - 2:00-3:00 PM

- **Preparing for the IEP Meeting**
  - Thursday, Sept. 10
  - 1:00-3:00 PM

- **Virtual Infant/Child CPR**
  - Saturday, September 12
  - 1:00-2:00 PM

- **Turning Three Years Old**
  - Friday, September 18
  - 10:00-12:00 PM
Community Partner Activities/Workshops

Click the links for details & to register. August-September

College Transition for Students w/ Disabilities

Anxiety & Autism Wednesday, August 19 5:30-7:00 PM

Virtual Summer Concert Series 8/22, 8/22; 9/12, 9/19, 9/26 10:00-11:00 AM

Free, Virtual Child & Family Group Fun is being offered by Children's Therapy Center/Help Me Grow Yolo County every day. Parents must register their children for each type of group...they will then be registered for all future sessions for that group. After registration, they will get an email with the link to the group...the link will be the same for that group every week.

Links to group registration (must be completed once for each group type):
- Monday Music @ 9:30 REGISTER
- Tuesday Sensory @ 9:30 REGISTER
- Wednesday Family Dance @10:30 REGISTER
- Thursday Movement @ 9:30 REGISTER
- Friday Music @ 9:30 REGISTER

Early Intervention/Child Development/Preschool
- Milestone Tracker
- Child Development 12-16 Months
- What to Do with Your Preschooler when School is Cancelled

Special Education
- How Do I Request an IEP “Review” Meeting?
  - Sample Letter
- Tip Sheets for Virtual IEP Meetings
- Stronger Together - Guidebook for the Safe Reopening of Calif’s Public Schools
- Q&A on Providing Services to Children w/ Disabilities During the Coronavirus Outbreak

Youth/Transition
- Essential Life Skills that can be practiced during distance learning
- Raise the Standard Newsletter - Employment for youth with disabilities.
- Grants for Home Modification

Funding for WarmLine is provided by the U.S. Department of Special Education, Office of Special Education Programs as a Parent Training and Information Center (PTI) in Northern California; the California Department of Developmental Services; First 5 Sacramento, and Sacramento County Office of Education Infant Development Program.

Thank you to the George and Lena Valente Foundation for their ongoing support of WarmLine and our families!

WarmLine Family Resource Center ~ 2424 Castro Way, Sacramento CA 95818 ~ (916) 455-9500 ~ Spanish: 916-922-1490