



## WarmLine Family Resource Center Events & Trainings January / February 2019

WarmLine events are funded by the California Department of Developmental Services, U.S. Department of Education-Special Education Programs, Sacramento County Office of Education Infant Development Program, and donations.

Registration is required for all events and closes three days before the event. Space is limited and events may be cancelled if minimum number of registrants is not reached. If you need assistance registering online, please call the WarmLine office at 916-455-9500.

Who	What	When	Where
Adults only	<p><b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a></p>	Wednesday, Jan. 9 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
Adults only	<p><b>Preparing for the IEP Meeting: Setting Up for Success</b> ~ Preparation can make parents more effective in the IEP meeting. In this session, we'll explore: the role of the IEP team member, using Alternative Dispute Resolution tools during an IEP meeting, participating in goal writing, and addressing your concerns with the team. <a href="#">CLICK HERE TO REGISTER</a></p>	Wednesday, Jan. 16 6 p.m. to 8:30 p.m.	Placer County Office of Education Seavey Center 655 Menlo Drive Rocklin
Adults only	<p><b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a></p>	Wednesday, Jan. 16 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
Ages 7 to 10 years old only	<p><b>Sibling Workshop</b> ~ A special gathering of brothers and sisters of someone who has disabilities or other special needs. Hangout and talk with other siblings while playing games, making crafts and even cooking. The workshops are facilitated by adult siblings who understand what it's like to have a brother or sister with disabilities or other special needs, but they are not therapists. Lunch is included. Please plan to sign your child in when you drop him or her off. <a href="#">CLICK HERE TO REGISTER</a></p>	Saturday, Jan. 19 1:30 p.m. to 4:30 p.m.	North Highlands-Antelope Library Community Meeting Room 4235 Antelope Road Antelope



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Adults only	<b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a>	Wednesday, Jan. 24 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
Adults only	<b>Infant/Child CPR Training</b> ~ CPR training ensures you're prepared in case an unfortunate emergency occurs. In this training you'll learn the step-by-step processes required to assess and perform CPR on infants (ages 0-1 years) and children (ages 1 to preteen). Note: Participants do not earn a certificate. Participants receive a gas card (one per family). <a href="#">CLICK HERE TO REGISTER</a>	Saturday, Jan. 26 12 p.m. to 2 p.m.	Rocklin Library Community Room 4890 Granite Drive Rocklin
Adults only	<b>Help! My child has behavioral problems at school!</b> ~ Lorena Vera, BCaBA, from Gateway Learning Group and Linda Thrift, from WarmLine will share: What is a Functional Behavior Assessment (FBA)? When, how and why to apply? Who asks for it? What is a Behavior Intervention Plan (BIP)? <b><i>This workshop will be presented in Spanish only.</i></b> <a href="#">CLICK HERE TO REGISTER</a>	Wednesday, Jan. 30 6:30 p.m. to 8:30 p.m.	Yolo County Office of Education 1280 Santa Anita Court Woodland
Adults only	<b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a>	Wednesday, Jan. 30 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento



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Adults only	<p><b>Understanding Special Education</b> ~ We know that parents of children in special education have unique questions and concerns. That is why WarmLine created a training just for YOU! Knowing more will help you attend meetings confidently. We will help you understand: the special education process, your child's IEP, and how to prepare for IEP meetings in a positive, proactive way. Participants receive a gift card (one per family). <a href="#">CLICK HERE TO REGISTER</a></p>	Saturday, Feb. 2 1 p.m. to 3:30 p.m.	Chico Branch Library Community Meeting Room 1108 Sherman Avenue Chico
Adults only	<p><b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a></p>	Wednesday, Feb. 6 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
Adults only	<p><b>Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development</b> ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. <i>These workshops are best suited for parents of children who are developmentally birth to 5 years old.</i> <a href="#">CLICK HERE TO REGISTER</a></p>	Wednesday, Feb. 13 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento



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Who	What	When	Where
Ages 11 to 13 years old <i>only</i>	<p><b>Sibling Workshop</b> ~ A special gathering of brothers and sisters of someone who has disabilities or other special needs. Hangout and talk with other siblings while playing games, making crafts and even cooking. The workshops are facilitated by adult siblings who understand what it's like to have a brother or sister with disabilities or other special needs, but they are not therapists. Lunch is included. Please plan to sign your child in when you drop him or her off.</p> <p><a href="#">CLICK HERE TO REGISTER</a></p>	Saturday, Feb. 16 1:30 p.m. to 5:30 p.m.	Valley Hi North Laguna Library Community Meeting Room 7400 Imagination Pkwy Sacramento
Ages 0-3 <i>only</i>	<p><b>Baby Signs</b> ~ Join us for a fun interactive 45-minute playgroup session which will introduce parents and children ages 0-3 to the world of baby signing. Learning simple baby signs will increase your child's language development and vocabulary, which will make it easier and faster for parents to understand your child needs and wants, which can decrease frustration and tantrums. This playgroup will involve signing, music and floor play. You will learn common sign and how to incorporate them in to your daily routines.</p> <p><a href="#">CLICK TO REGISTER FOR 10 a.m.</a>    <a href="#">CLICK TO REGISTER FOR 11:15 a.m.</a></p>	Saturday, Feb. 23 10 a.m. to 10:45 a.m. OR 11:15 a.m. to 12 p.m.	Madelyn Helling Library Community Meeting Room 980 Helling Way Nevada City
Adults <i>only</i>	<p><b>Turning 3 Years Old: Transition to Preschool</b> ~ We know that transitioning your child from Early Start to Special Education Preschool can be exciting, but sometimes frightening. In this FREE training, we can help you understand the transition so you can participate in the process confidently. This workshop is intended for parents of children who turn three years old within the next 6 months. <a href="#">CLICK HERE TO REGISTER</a></p>	Thursday, Feb. 28 6 p.m. to 8:30 p.m.	WarmLine 2424 Castro Way Sacramento