

## WarmLine Family Resource Center Events & Trainings December 2018 / January 2019

WarmLine events are funded by the California Department of Developmental Services, U.S. Department of Education-Special Education Programs, Sacramento County Office of Education Infant Development Program, and donations.

Registration is required for all events and closes three days before the event. Space is limited and events may be cancelled if minimum number of registrants is not reached. If you need assistance registering online, please call the WarmLine office at 916-455-9500.

Who	What	When	Where
Adults only	Turning 3 Years Old: Transition to Preschool ~ We know that transitioning your child from Early Start to Special Education Preschool can be exciting, but sometimes frightening. In this FREE training, we can help you understand the transition so you can participate in the process confidently. This workshop is intended for parents of children who turn three years old within the next 6 months. CLICK HERE TO REGISTER	Monday, Dec. 3 6 p.m. to 8:30 p.m.	Arthur F. Turner Community Library 1212 Merkley Avenue West Sacramento
Adults only	Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. These workshops are best suited for parents of children who are developmentally birth to 5 years old. CLICK HERE TO REGISTER	Wednesday, Jan. 9 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
Adults only	Preparing for the IEP Meeting: Setting Up for Success ~ Preparation can make parents more effective in the IEP meeting. In this session, we'll explore: the role of the IEP team member, using Alternative Dispute Resolution tools during an IEP meeting, participating in goal writing, and addressing your concerns with the team. <a href="CLICK HERE TO REGISTER">CLICK HERE TO REGISTER</a>	Wednesday, Jan. 16 6 p.m. to 8:30 p.m.	Placer County Office of Education Seavey Center 655 Menlo Drive Rocklin

11/21/2018 3:40 PM 1



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Ages 7 to 10 years old only	Sibling Workshop ~ A special gathering of brothers and sisters of someone who has disabilities or other special needs. Hangout and talk with other siblings while playing games, making crafts and even cooking. The workshops are facilitated by adult siblings who understand what it's like to have a brother or sister with disabilities or other special needs, but they are not therapists. Lunch is included. Please plan to sign your child in when you drop him or her off. <a href="CLICK HERE TO REGISTER">CLICK HERE TO REGISTER</a>	Saturday, Jan. 19 1:30 p.m. to 4:30 p.m.	North Highlands- Antelope Library Community Meeting Room 4235 Antelope Road Antelope
Adults only	Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. These workshops are best suited for parents of children who are developmentally birth to 5 years old. CLICK HERE TO REGISTER	Wednesday, Jan. 24 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento

11/21/2018 3:40 PM 2



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Adults only	Infant/Child CPR Training ~ CPR training ensures you're prepared in case an unfortunate emergency occurs. In this training you'll learn the step-by-step processes required to assess and perform CPR on infants (ages 0-1 years) and children (ages 1 to preteen). Note: Participants do not earn a certificate.  CLICK HERE TO REGISTER	Saturday, Jan. 26 12 p.m. to 2 p.m.	Rocklin Library Community Room 4890 Granite Drive Rocklin
Adults only	Help! My child has behavioral problems at school! ~ Lorena Vera, BCaBA, from Gateway Learning Group and Linda Thrift, from WarmLine will share: What is a Functional Behavior Assessment (FBA)? When, how and why to apply? Who asks for it? What is a Behavior Intervention Plan (BIP)? This workshop will be presented in Spanish only. CLICK HERE TO REGISTER	Wednesday, Jan. 30 6:30 p.m. to 8:30 p.m.	Yolo County Office of Education 1280 Santa Anita Court Woodland
Adults only	Positive Behavior Workshop: Strategies for Families, Promoting Social and Emotional Development ~ Learn how to make parenting more enjoyable and reduce challenging behaviors by supporting your child in identifying, expressing and managing their emotions. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. Each family will receive a gas card and a light snack will be provided. Sorry, no childcare available. These workshops are best suited for parents of children who are developmentally birth to 5 years old. CLICK HERE TO REGISTER	Wednesday, Jan. 30 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento

11/21/2018 3:40 PM 3